Dokumentasjon av litteratursøk for VBP

Til søk for VBP utfører vi søk i de basene som er beskrevet nedenfor, dette etter avtale med Klinisk Dokumentasjon Sykepleie (KDS) - DP Løsning Regional EPJ.

Vi søker i et begrenset antall databaser, de fleste er kilder for oppsummert forskning. I databasene PubMed/Medline vil vi ofte begrense søket til mulige systematiske oversikter/retningslinjer.

|  |  |
| --- | --- |
| **Problemstilling** | Hvilke sykepleie- og miljøterapeutiske tiltak kan hjelpe pasienter med depresjon? |
| **Bibliotekar som utførte søket:** | Toril M. Hestnes |
| **Kontaktperson/avd.** | Maria LøvhaugUXLVHM@ous-hf.no |
| **Dato for søk:** | 04.12.2024 |
| **Navn VBP** | **Veiledende plan Depresjon** |

|  |  |
| --- | --- |
| **Database/ressurs:** | Fagprosedyrer ved OUS (obligatorisk)[Fagprosedyrer for voksne](https://ehandboken.ous-hf.no/folder/137)[Fagprosedyrer for barn](https://ehandboken.ous-hf.no/folder/1191) |
| **Søkehistorie:** | Sett gjennom listene Psykisk helse, Geriatri, NervesystemetSøk: depresjon, depressiv, psyk, bipolar, unipolar, stemning |
| **Treff:** | Depresjon Veiledende plan (denne VBP)<https://ehandboken.ous-hf.no/document/64874>Psykiske reaksjoner ved alvorlig sykdom : Veil. behandllingsplan<https://ehandboken.ous-hf.no/document/78176>Psykose : Veileder<https://ehandboken.ous-hf.no/document/89860> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**VAR HEALTHCARE**](https://www.varnett.no/portal/) (tidligere PPS - Praktiske prosedyrer i sykepleietjenesten) |
| **Søkehistorie:** | Dere ser selv i E-håndboka -> Kunnskapskilder > VAR |
| **Treff:** |  |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Nasjonale retningslinjer fra Helsedirektoratet**](https://helsedirektoratet.no/retningslinjer) |
| **Søkehistorie:** | Sett gjennom liste (+ evt «nye under arbeid») |
| **Treff:** | Nasjonale faglige råd for bruker- og pårørendemedvirkning i rus- og psykisk helsefeltet (HØRINGSUTKAST). Oslo: Helsedirektoratet, 2024 (siste faglige endring 31. oktober 2024).<https://www.helsedirektoratet.no/faglige-rad/bruker-og-parorendemedvirkning-i-rus-og-psykisk-helsefeltet-horingsutkast>Nasjonal faglig retningslinje for selvmordsforebygging i psykisk helsevern og tverrfaglig spesialisert rusbehandling (TSB). Oslo: Helsedirektoratet, 2024 (siste faglige endring 15. april 2024). <https://www.helsedirektoratet.no/retningslinjer/selvmordsforebygging-i-psykisk-helsevern-og-tsb>Nasjonale faglige råd for forebygging av tvang i psykisk helsevern for voksne. Oslo: Helsedirektoratet (siste faglige endring 14. desember 2021). <https://www.helsedirektoratet.no/faglige-rad/tvang-forebygging-av-tvang-i-psykisk-helsevern-for-voksne>Nasjonale faglige råd for psykiske lidelser hos eldre. Oslo: Helsedirektoratet, 2019 (siste faglige endring 02. mai 2019)<https://www.helsedirektoratet.no/faglige-rad/psykiske-lidelser-hos-eldre>* Depresjon hos eldre

<https://www.helsedirektoratet.no/faglige-rad/psykiske-lidelser-hos-eldre/depresjon-hos-eldre>Nasjonalt pasientforløp for utredning og behandling i psykisk helsevern, voksne. Oslo: Helsedirektoratet, 2018 (siste faglige endring 28. oktober 2024). <https://www.helsedirektoratet.no/nasjonale-forlop/psykiske-lidelser-voksne>Ivaretakelse av somatisk helse og levevaner ved psykiske lidelser og/eller rusmiddelproblemer. Oslo: Helsedirektoratet, 2018 (siste faglige endring 30. september 2022).<https://www.helsedirektoratet.no/nasjonale-forlop/somatisk-helse-og-levevaner-ved-psykiske-lidelser-og-eller-rusmiddelproblemer>Kodeveileder – nasjonale pasientforløp for psykisk helse og rus. Oslo: Helsedirektoratet, 2018 (siste faglige endring 28. oktober 2024)<https://www.helsedirektoratet.no/nasjonale-forlop/kodeveileder-nasjonale-pasientforlop-for-psykisk-helse-og-rus>Prioriteringsveileder – psykisk helsevern for voksne. Oslo: Helsedirektoratet, 2015 (siste faglige endring 19. juni 2024). <https://www.helsedirektoratet.no/veiledere/prioriteringsveiledere/psykisk-helsevern-for-voksne>* Depresjon

<https://www.helsedirektoratet.no/veiledere/prioriteringsveiledere/psykisk-helsevern-for-voksne/tilstander-for-psykisk-helsevern-for-voksne/depresjon#depresjon>Prioriteringsveileder – psykisk helsevern for barn og unge. Oslo: Helsedirektoratet, 2015 (siste faglige endring 19. juni 2024). <https://www.helsedirektoratet.no/veiledere/prioriteringsveiledere/psykisk-helsevern-for-barn-og-unge>* Depresjon

<https://www.helsedirektoratet.no/veiledere/prioriteringsveiledere/psykisk-helsevern-for-barn-og-unge/tilstander-for-psykisk-helsevern-for-barn-og-unge/depresjon#depresjon>Rundskriv om Helsetjenestens og politiets ansvar for personer med psykisk lidelse – oppgaver og samarbeid. Oslo: Helsedirektoratet, 2012 (siste faglige endring 03. juli 2023)<https://www.helsedirektoratet.no/rundskriv/helsetjenestens-og-politiets-ansvar-for-personer-med-psykisk-lidelse>Sammen om mestring : Veileder i lokalt psykisk helsearbeid og rusarbeid for voksne. Et verktøy for kommuner og spesialisthelsetjenesten. Helsedirektoratet, 2014[https://www.helsedirektoratet.no/produkter/\_/attachment/inline/739b0cbe-9310-41c7-88cf-c6f44a3c5bfc:8f8b02ae7b26b730d27512d01420ec947d5ead97/Lokalt%20psykisk%20helsearbeid%20og%20rusarbeid%20for%20voksne%20%E2%80%93%20Veileder.pdf](https://www.helsedirektoratet.no/produkter/_/attachment/inline/739b0cbe-9310-41c7-88cf-c6f44a3c5bfc%3A8f8b02ae7b26b730d27512d01420ec947d5ead97/Lokalt%20psykisk%20helsearbeid%20og%20rusarbeid%20for%20voksne%20%E2%80%93%20Veileder.pdf) [PDF]Nasjonal faglig retningslinje for utredning, behandling og oppfølging av personer med samtidig ruslidelse og psykisk lidelse – ROP-lidelser Sammensatte tjenester – samtidig behandling. Helsedirektoratet, 2012. (Endringer i anbefalinger om bruk av kartleggingsverktøy 13. juni, 2022).[https://www.helsedirektoratet.no/produkter/\_/attachment/inline/c3cf6958-227f-499a-8f0b-0055dca9fc2c:286222117d81c9f269cddbee85a495a47bf9df29/Utredning,%20behandling%20og%20oppf%C3%B8lging%20av%20personer%20med%20ROP-lidelser%20%E2%80%93%20Nasjonal%20faglig%20retningslinje%20(fullversjon).pdf](https://www.helsedirektoratet.no/produkter/_/attachment/inline/c3cf6958-227f-499a-8f0b-0055dca9fc2c%3A286222117d81c9f269cddbee85a495a47bf9df29/Utredning%2C%20behandling%20og%20oppf%C3%B8lging%20av%20personer%20med%20ROP-lidelser%20%E2%80%93%20Nasjonal%20faglig%20retningslinje%20%28fullversjon%29.pdf) [PDF] |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Folkehelseinstituttet - publikasjoner**](https://www.fhi.no/oversikter/alle/) |
| **Søkehistorie:** | Oppslag: FHI Hovedmeny > Psykisk helse og livskvalitet > Psykiske plager og lidelserSøk: Depresjon, deprimerte, bipolar, stemningslidelse, psykisk helse, mental helse |
| **Treff:** | Psykologisk debriefing for helsepersonell involvert i uønskede pasienthendelser: en systematisk oversiktSystematisk oversikt|Publisert 12.04.2022<https://www.fhi.no/publ/2022/psykologisk-debriefing-for-helsepersonell-involvert-i-uonskede-pasienthende/>Digital samkonsultasjon innen psykiske helsetjenesterForskningsomtale|Publisert 07.12.2022<https://www.fhi.no/publ/2022/digital-samkonsultasjon-innen-psykiske-helsetjenester/>Lindrende behandling og omsorg i sykehjem og eget hjem: oversikt over systematiske oversikterSystematisk oversikt|Publisert 17.09.2021<https://www.fhi.no/publ/2021/lindrende-behandling-og-omsorg-i-sykehjem-og-eget-hjem/>Effekt av brukermedvirkning i psykisk helse- og rusfeltet: Et forskningskartForskningskartlegging|Publisert 16.06.2021<https://www.fhi.no/publ/2021/effekt-av-brukermedvirkning-i-psykisk-helse/>Kan depresjon reduseres hos pasienter som får dialyse? Cochrane: Kort oppsummertForskningsomtale|Publisert 30.06.2020<https://www.fhi.no/publ/2020/kan-depresjon-reduseres-hos-pasienter-som-far-dialyse/>Helsefremmende tiltak for å forebygge somatiske sykdommer hos personer med psykiske lidelser. Oversikt over systematiske oversikterSystematisk oversikt|Publisert 21.02.2020<https://www.fhi.no/publ/2020/helsefremmende-tiltak-for-a-forebygge-somatiske-sykdommer-hos-personer-med-psykiske-lidelser/>Psykoterapi til foreldre og spedbarn for høyrisikomødre kan være bedre enn ingen behandling, men ikke bedre enn alternative behandlinger - Omtale av Campbell-oversiktForskningsomtale|Publisert 27.02.2020<https://www.fhi.no/publ/2020/psykoterapi-til-foreldre-og-spedbarn-for-hoyrisikomodre-kan-vare-bedre-enn-/>Terapeutveiledet internettbehandling ved psykiske lidelser – en fullstendig metodevurderingMetodevurdering|Publisert 12.12.2018<https://www.fhi.no/publ/2018/terapeutveiledet-internettbehandling-ved-psykiske-lidelser--en-fullstendig-/>Måleegenskaper ved den norske versjonen av Hospital Anxiety and Depression Scale (HADS)Rapport|Oppdatert 29.11.2018<https://www.fhi.no/publ/2016/maleegenskaper-ved-den-norske-versj/>Effekt av fysisk trening for personer med alvorlige psykiske lidelser. Oversikt over systematiske oversikterSystematisk oversikt|Publisert 06.06.2018<https://www.fhi.no/publ/2018/effekt-av-fysisk-trening-for-personer-med-alvorlige-psykiske-lidelser.-over>Kriseintervensjon ved alvorlige psykiske lidelser kan muligens føre til økt pasienttilfredshet. Omtale av Cochrane-oversiktForskningsomtale|Publisert 12.05.2017<https://www.fhi.no/publ/2017/kriseintervensjon-ved-alvorlige-psykiske-lidelser-kan-muligens-fore-til-okt/>Effekter av psykologisk terapi sammenlignet med antidepressive medikamenter alene eller i kombinasjon med psykologisk terapi for barn og unge med depresjon eller depresjonssymptomer: en systematisk oversiktSystematisk oversikt|Publisert 10.03.2017<https://www.fhi.no/publ/2017/effekter-av-psykologisk-terapi-sammenlignet-med-antidepressive-medikamenter/>**Oversikt over alle FHIs publikasjoner om psykiske plager og lidelser 2020 – 2024 (17 treff pr. 4. des. 2024):**<https://www.fhi.no/sys/nytt/?lang=no&blockId=155525&ownerPage=45371&type=con-32&filter=&from=2020-01-01&to=2024-12-31&page=1&archive=0> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Helsebibliotekets retningslinjer og veiledere**](https://www.helsebiblioteket.no/retningslinjer-og-veiledere) |
| **Søkehistorie:** | Sett gjennom emnegruppe Psykisk helse |
| **Treff:** | Bipolarveileder – Oppdatert kunnskap. NTNU, 2024<https://hdl.handle.net/11250/3161722>Psykiatrisk legevakthåndbokpsyk.legevakt-handbok-ekstern-2020[https://www.helsebiblioteket.no/innhold/lenker/psykisk-helse/oppslagsverk-lenker/psykiatrisk-legevakthandbok/\_/attachment/download/57831904-14be-4ce7-96ec-063430cad4b2:806bdd0de965f1aa75f051fb5a355d2e4517e97d/psyk.legevakt-handbok-ekstern-2020.pdf](https://www.helsebiblioteket.no/innhold/lenker/psykisk-helse/oppslagsverk-lenker/psykiatrisk-legevakthandbok/_/attachment/download/57831904-14be-4ce7-96ec-063430cad4b2%3A806bdd0de965f1aa75f051fb5a355d2e4517e97d/psyk.legevakt-handbok-ekstern-2020.pdf) [PDF]Tema: Psykisk helse, Depresjon og mani, Rus og avhengighet, Oppslagsverk, Schizofreni og psykose, Selvmord og selvskade, AkuttpsykiatriEmner: Psykisk helse, Depresjon, Akuttpsykiatri, Rus og avhengighetDokumenttype: Retningslinjer, Oppslagsverk, ProsedyrerUtgiver: Oslo Universitetssykehus. Sist faglig oppdatert: 18.05.2021Depresjon hos eldre. Nasjonalt senter for aldring og helse(Anbefalinger og opplæringsressurser for behandling. Veiledere, ressurser på nett)<https://www.aldringoghelse.no/psykisk-helse/depresjon-hos-eldre/> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**NICE Guidance (UK)**](https://www.nice.org.uk/) |
| **Søkehistorie:** | Oppslag: NICE > NICE Guidance > Conditions and diseases > Mental health, behavioural and neurodevelopmental conditions > Depression |
| **Treff:** | Digitally enabled therapies for adults with depression: early value assessmentHealth technology evaluation | Reference number:HTE8 | Published: 16 May 2023 | Last updated: 12 February 2024<https://www.nice.org.uk/guidance/hte8>Depression in adults: treatment and managementNICE guideline [NG222] Published: 29 June 2022<https://www.nice.org.uk/guidance/ng222>Depression in adultsQuality standard [QS8] Published: 29 March 2011 Last updated: 29 June 2023<https://www.nice.org.uk/guidance/qs8>Social, emotional and mental wellbeing in primary and secondary educationNICE guideline [NG223] Published: 06 July 2022<https://www.nice.org.uk/guidance/ng223>Behaviour change: digital and mobile health interventionsNICE guideline [NG183] Published: 07 October 2020<https://www.nice.org.uk/guidance/ng183>Antenatal and postnatal mental health: clinical management and service guidanceClinical guideline [CG192] Published: 17 December 2014 Last updated: 11 February 2020<https://www.nice.org.uk/guidance/cg192>Implanted vagus nerve stimulation for treatment-resistant depressionInterventional procedures guidance [IPG679] Published: 12 August 2020<https://www.nice.org.uk/guidance/ipg679>Depression in children and young people: identification and managementNICE guideline [NG134] Published: 25 June 2019<https://www.nice.org.uk/guidance/ng134>Older people: independence and mental wellbeingNICE guideline [NG32] Published: 17 December 2015<https://www.nice.org.uk/guidance/ng32>Mental wellbeing in over 65s: occupational therapy and physical activity interventionsPublic health guideline [PH16] Published: 22 October 2008<https://www.nice.org.uk/guidance/ph16>Violent and aggressive behaviours in people with mental health problemsQuality standard [QS154]Published: 29 June 2017<https://www.nice.org.uk/guidance/qs154>Mental wellbeing and independence for older peopleQuality standard [QS137] Published: 05 December 2016<https://www.nice.org.uk/guidance/qs137>Mental wellbeing of older people in care homesQuality standard [QS50] Published: 12 December 2013<https://www.nice.org.uk/guidance/qs50>Depression in adults with a chronic physical health problem: recognition and managementClinical guideline [CG91]Published: 28 October 2009<https://www.nice.org.uk/guidance/cg91> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Socialstyrelsen, Nationella riktlinjer (SE)**](https://www.socialstyrelsen.se/kunskapsstod-och-regler/regler-och-riktlinjer/nationella-riktlinjer/riktlinjer-och-utvarderingar/)  |
| **Søkehistorie:** | Sett gjennom listenSøk: depression, depressiv, depressiva, ångest, affektiva sjukdomar, psykisk ohälsa  |
| **Treff:** | Nationella riktlinjer: depression och ångestsyndrom Oversikt over alle nasjonale retningslinjer fra Socialstyrelsen som inneholder anbefalinger om utredning og behandling av depresjon og angst. Gjelder både voksne og barn. Sist oppdatert 2021 <https://www.socialstyrelsen.se/kunskapsstod-och-regler/regler-och-riktlinjer/nationella-riktlinjer/riktlinjer-och-utvarderingar/depression-och-angest/>God och nära vård vid psykisk ohälsa : Nationell målbild för vårdcentralers omhändertagande av psykisk ohälsa för att ge befolkningen en god och nära vård. Socialstyrelsen, 2024 https://www.socialstyrelsen.se/globalassets/sharepoint-dokument/artikelkatalog/ovrigt/2024-10-9251.pdf [PDF]* (**kopiér URL’en og lim inn i adressefeltet)**

Psykisk hälsa och suicidprevention. Samlad information, kunskapsstöd, råd och regler om behandling av och stöd till personer med psykisk ohälsa, och om att förebygga suicid, Socialstyrelsen<https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/psykisk-ohalsa/>Depression och ångestsyndrom. Kunskapsguiden, Socialstyrelsen:<https://kunskapsguiden.se/omraden-och-teman/psykisk-ohalsa/depression-och-angestsyndrom/>* Temaside fra Socialstyrelsen
 |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Sundhedsstyrelsen, Nationale kliniske retningslinjer (DK)**](https://www.sst.dk/da/Udgivelser?searchWord=Nationale%20kliniske%20retningslinjer) |
| **Søkehistorie:** | Sett gjennom emne: Psykiske lidelserSøk: depression, angst, bipolar, unipolar, psykisk, mental, selvmord |
| **Treff:** | Forebyggelse af selvmord og selvmordsforsøg. Fagligt oplæg til national Handlingsplan. Sundhedsstyrelsen, 2024<https://www.sst.dk/da/udgivelser/2024/Forebyggelse-af-selvmord-og-selvmordsforsoeg>National klinisk anbefaling for brug af beroligende lægemidler til kortvarig symptomlindring af nyopståede angst- og urosymptomer hos voksne. Sundhedsstyrelsen, 2023<https://www.sst.dk/da/udgivelser/2023/NKA-Brug-af-beroligende-laegemidler-til-kortvarig-symptomlindring>Visitation til integreret behandling af mennesker med psykisk lidelse og samtidig rusmiddelproblematikFaglig visitationsretningslinje. Sundhedsstyrelsen, 2023<https://www.sst.dk/da/udgivelser/2023/Visitation-til-integreret-behandling-af-mennesker-med-psykisk-lidelse-og-rusmiddelproblematik>Fysisk aktivitets betydning for personer med angst og depression.Litteraturgennemgang med fokus på hvordan fysisk aktivitet bidrager til reducering af symptomer og øget mestring. Statens institut for folkesundhed (SDU), 2021<https://www.sst.dk/da/udgivelser/2021/Fysisk-aktivitets-betydning-for-personer-med-angst-og-depression>National klinisk retningslinje for behandling af angstlidelser hos voksne. Sundhedsstyrelsen, 2021<https://www.sst.dk/da/udgivelser/2021/NKR-behandling-af-angstlidelser-hos-voksne>National klinisk retningslinje for udredning og behandling af personer med samtidig alkoholafhængighed og psykisk lidelse. Sundhedsstyrelsen, 2019. Anbefalinger 2024<https://www.sst.dk/da/udgivelser/2016/NKR-for-udredning-og-behandling-af-samtidig-alkoholafhaengighed-og-psykisk-lidelse>National klinisk retningslinje for non-farmakologisk behandling af unipolar depression. Sundhedsstyrelsen, 2019<https://www.sst.dk/da/udgivelser/2016/NKR-Non-farmakologisk-behandling-af-unipolar-depression>* Retningslinjen er under vurdering

Fysisk træning som behandling - 31 lidelser og risikotilstande. Sundhedsstyrelsen, 2018* Depression

<https://www.sst.dk/-/media/Udgivelser/2018/Fysisk-aktivitet-h%C3%A5ndbog-og-tr%C3%A6ning/Fysisk-tr%C3%A6ning-som-behandling/9-Depression-Fysisk-tr%C3%A6ning-som-behandling.ashx>Forebyggelsespakke - Mental sundhed. Sundhedsstyrelsen, 2018<https://www.sst.dk/da/udgivelser/2018/Forebyggelsespakke-Mental-sundhed>Forebyggelsespakke - Fysisk aktivitet. Sundhedsstyrelsen, 2018<https://www.sst.dk/da/udgivelser/2018/Forebyggelsespakke-Fysisk-aktivitet>Forløbsprogram for børn og unge med angst og/eller depression. Sundhedsstyrelsen, 2017<https://www.sst.dk/da/udgivelser/2017/Forloebsprogram-for-boern-og-unge-med-angst-og-eller-depression>National klinisk retningslinje for behandling af angst hos børn og unge. Sundhedsstyrelsen, 2016 <https://www.sst.dk/da/udgivelser/2016/NKR-Behandling-af-angst-hos-boern-og-unge>* Retningslinjen er under vurdering

Udredning og behandling af bipolar lidelse hos voksne - faglig visitations­retningslinje. Sundhedsstyrelsen, 2016<https://www.sst.dk/da/udgivelser/2016/Udredning-og-behandling-af-bipolar-lidelse-hos-voksne>Evaluering af satspulje­projektet: Lær at tackle angst og depression - En randomiseret kontrolleret undersøgelse. Sundhedsstyrelsen, 2016<https://www.sst.dk/da/udgivelser/2016/Evaluering-af-satspuljeprojektet-Laer-at-tackle-angst-og-depression>Referenceprogram for unipolar depression hos voksne. Sundhedsstyrelsen, 2007<https://www.sst.dk/da/udgivelser/2007/Referenceprogram-for-unipolar-depression-hos-voksne---udarbejdet-af-en-arbejdsgruppe-nedsat-af-Sekre> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Center for kliniske retningslinjer (DK)**](https://cfkr.dk/retningslinier/godkendte-retningslinjer/) |
| **Søkehistorie:** | Sett gjennom alle Godkente retningslinjer |
| **Treff:** | Klinisk retningslinje om psykosociale interventioner til lindring af Cancer-Relateret Fatigue (CRF) hos patienter over 18 år, der har kræft og er i tidlig og sen palliativ fase. Sundhedsstyrelsen, 2020<https://www.dmcgpal.dk/files/fatigue_psykosociale_231120.pdf> [PDF]* Sist godkjent 2020, revisjon planlagt mars 2023

National klinisk retningslinje for forebyggelse og behandling af adfærdsmæssige og psykiske symptomer hos personer med demens. Sundhedsstyrelsen, 2019 (under oppdatering i 2023)<https://www.sst.dk/da/Udgivelser/2019/NKR-Forebyggelse-og-behandling-af-adfaerdsmaessige-og-psykiske-symptomer-hos-personer-med-demens> Klinisk retningslinje for behandling af klinisk depression hos kræftpatienter ≥18 år[https://cfkr.dk/retningslinjer/godkendte-retningslinjer/klinisk-retningslinje-for-behandling-af-klinisk-depression-hos-kraeftpatienter-%e2%89%a518-aar-2/](https://cfkr.dk/retningslinjer/godkendte-retningslinjer/klinisk-retningslinje-for-behandling-af-klinisk-depression-hos-kraeftpatienter-%E2%89%A518-aar-2/)* Sist godkjent 2020, revisjon planlagt juni 2022

Klinisk retningslinje for screening for depression hos kræftpatienter i specialiseret palliativt indsats<https://cfkr.dk/retningslinjer/godkendte-retningslinjer/klinisk-retningslinje-for-screening-for-depression-hos-kraeftpatienter-i-specialiseret-palliativt-indsats/>* Sist godkjent 2020, revisjon planlagt oktober 2022
 |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Nursing Reference Center**](https://bibsys-almaprimo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=BIBSYS_ILS71486587530002201&context=L&vid=UIO&lang=no_NO)  |
| **Søkehistorie:** | ( (TI "depressive disorder" OR TI "depressive disorders" OR TI "depression" OR TI "depressed patient" OR TI "depressed patients" OR TX "depressed patient" OR TX "depressed patients" OR TI MDD OR TI "affective disorder" OR TI "affective disorders" OR TI bipolar OR TI unipolar OR TI ”mood disorder” OR TI ”mood disorders” OR MH "depression nursing" OR MH “depression symptoms” or MH “depression prevention and control”) AND (TI "occupational therapy" OR AB "occupational therapy" OR TI support\* OR AB support\* OR TI non-pharmacol\* OR AB non-pharmacol\* OR OR TI non-pharmacol\* OR TI therap\* OR TI socio\* OR AB socio\* OR TI social\* OR AB social\* OR TI “psychosocial” OR AB “psychosocial" OR SU “psychosocial" OR TI miljo\* OR AB miljo\* OR TI milieu OR AB milieu OR SU milieu OR PT "patient education" OR MH “Patient Education” OR TI communicat\* OR SU “communication” OR MH “communication methods” OR TI "nurse" OR TI "nurse’s" OR TX "nurse’s role" OR TX "nurses’ role" OR TX nurse-led OR TI "nurses" OR TI "nursing" OR MH "nurses" OR SU nursing OR MH "nursing intervention" OR MH "nursing interventions" OR SU "nursing intervention" OR SU "nursing interventions" OR AB "nursing intervention" OR AB "nursing interventions") ) AND DT 2020-2025 |
| **Treff:** | 88 – plukket mulig relevante fra disse:**Evidence Based Care Sheets:**Depression By: Michelle Danforth, PMHNP, Health Library: Evidence-Based Information, March 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009866639&site=nup-live&scope=site>Bipolar Disorder: Effect on Quality of Life By: Boling B, Smith N, Hanson D, CINAHL Nursing Guide, November 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T703676&site=nup-live&scope=site>Pulmonary Disease, Chronic Obstructive (COPD): Anxiety and Depression By: Pilgrim J, Oji O, Hanson D, CINAHL Nursing Guide, October 11, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T704179&site=nup-live&scope=site>Depression and Spirituality By: Richman S, Caple C, Hanson D, CINAHL Nursing Guide, May 31, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T704156&site=nup-live&scope=site>Stroke: Prevention and Treatment of Poststroke Depression By: Kornusky J, Oji O, Hanson D, CINAHL Nursing Guide, September 26, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T701470&site=nup-live&scope=site>Depression: Treatment Using Vagal Nerve Stimulation By: Schub T, Kornusky J, Hanson D, CINAHL Nursing Guide, October 1, 2021<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T704242&site=nup-live&scope=site>Depression and Chronic Illness By: EBSCO Medical Review Board, Health Library: Evidence-Based Information, July 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009805737&site=nup-live&scope=site>Seasonal Affective Disorder (Alternative Therapy) Health Library: Evidence-Based Information, April 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009864814&site=nup-live&scope=site>Hopelessness and the Heart Attack: The Role of Depression in Heart Disease By: EBSCO Medical Review Board, Health Library: Evidence-Based Information, November 1, 2023<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009858511&site=nup-live&scope=site>Postpartum Depression By: Elizabeth Margaret Prusak, MD, Health Library: Evidence-Based Information, September 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009866446&site=nup-live&scope=site>Bipolar Disorder (Alternative Therapy) By: EBSCO NAT Review Board, Health Library: Evidence-Based Information, November 1, 2022<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009864313&site=nup-live&scope=site>**Skills:**Communicating With Patients Who Are Depressed By: Smith N, Knowles A, Hanson D, CINAHL Nursing Guide, April 8, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T705250&site=nup-live&scope=site>Caring for Patients With Postpartum Depression and Anxiety By: Pilgrim J, Brannagan M, Neal P, Hanson D, CINAHL Nursing Guide, May 31, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T705870&site=nup-live&scope=site>Identifying Postoperative Depression By: March P, Schub T, Constantine L, Hanson D, CINAHL Nursing Guide, June 27, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T705789&site=nup-live&scope=site>**Quick lessons:**Depression: an Overview By: Boling B, Smith N, Hanson D, CINAHL Nursing Guide, October 25, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T704154&site=nup-live&scope=site>Depression: Major Depressive Disorder By: Holle MN, Smith N, Hanson D, CINAHL Nursing Guide, October 25, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T704208&site=nup-live&scope=site>Stroke Complications: Poststroke Depression By: RainesGass D, Avital O, Hanson D, CINAHL Nursing Guide, August 16, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T702902&site=nup-live&scope=site>Bipolar Disorder By: Schub T, Avital O, Hanson D, CINAHL Nursing Guide, July 19, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T700326&site=nup-live&scope=site>Postpartum Depression By: Avital O, Schub T, Hanson D, CINAHL Nursing Guide, August 2, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T700287&site=nup-live&scope=site>Parkinson Disease and Depression By: Richman S, Pilgrim J, Hanson D, CINAHL Nursing Guide, March 8, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T700605&site=nup-live&scope=site>**Patient Handouts:**Resource Guide for Depression By: EBSCO Medical Review Board, Health Library: Evidence-Based Information, September 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009865236&site=nup-live&scope=site>Treatments for Depression By: Adrian Preda, MD, Health Library: Evidence-Based Information, September 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009866060&site=nup-live&scope=site>Other Treatments for Depression By: Adrian Preda, MD, Health Library: Evidence-Based Information, September 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009865234&site=nup-live&scope=site>Can Depression Be Treated Without Medication? By: EBSCO Medical Review Board, Health Library: Evidence-Based Information, November 1, 2022<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2011312483&site=nup-live&scope=site>Depression and Physical Activity By: James P. Cornell, MD, Health Library: Evidence-Based Information, June 1, 2023<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T1675968210327&site=nup-live&scope=site>Mood Disorder By: Adrian Preda, MD, Health Library: Evidence-Based Information, December 1, 2023<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2013213509&site=nup-live&scope=site>Understanding Seasonal Affective Disorder By: EBSCO Medical Review Board, Health Library: Evidence-Based Information, August 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009858226&site=nup-live&scope=site>Bipolar Disorder By: Adrian Preda, MD, Health Library: Evidence-Based Information, September 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009866705&site=nup-live&scope=site>Depression in Children and Teens By: Kari Kuenn, MD, Health Library: Evidence-Based Information, September 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T1674687350189&site=nup-live&scope=site>Symptoms of Depression By: Adrian Preda, MD, Health Library: Evidence-Based Information, September 1, 2024<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009865239&site=nup-live&scope=site>Depression (Mild to Moderate) (Alternative Therapy) Health Library: Evidence-Based Information, June 1, 2023<https://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009864397&site=nup-live&scope=site> |
| **Kommentar:** | Lenke til søket under, kan gjentas senere for oppdatert treffliste:<https://tinyurl.com/4mzxk259>* Avgrens søket til Quick Lessons, Evidence Based Care Sheets, Skills og Patient Handouts ved å hake av i venstremenyen.
 |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**UpToDate**](http://www.uptodate.com/contents/search) |
| **Søkehistorie:** | Oppslag: Contents > Psychiatry > Depressive disordersContents > Patient Education > Mental healthSøk: depression, depressive, bipolar, unipolar, mood disorder |
| **Treff:** | Approach to the adult patient with suspected depression<https://www.uptodate.com/contents/1721>Minor depression in adults: Management<https://www.uptodate.com/contents/87127>Major depressive disorder in adults: Approach to initial management<https://www.uptodate.com/contents/1725>Assessment and management of depression in palliative care<https://www.uptodate.com/contents/2205>Overview of managing common non-pain symptoms in palliative care* I venstremenyen: Psychiatric symptoms: Depression

<https://www.uptodate.com/contents/2199>Pediatric palliative care* I venstremenyen: Depression and anxiety

<https://www.uptodate.com/contents/6252>Major depressive disorder in adults: Treatment with supplemental interventions<https://www.uptodate.com/contents/118280>Unipolar depression in adults: Choosing treatment for resistant depression<https://www.uptodate.com/contents/14685>Overview of prevention and treatment for pediatric depression<https://www.uptodate.com/contents/1231>Pediatric unipolar depression: Epidemiology, clinical features, assessment, and diagnosis<https://www.uptodate.com/contents/1224>Pediatric bipolar major depression: Choosing treatment<https://www.uptodate.com/contents/99164>Depression in adults: Course of illness<https://www.uptodate.com/contents/14693>Diagnosis and management of late-life depression<https://www.uptodate.com/contents/1719>Major depressive disorder in adults: Approach to initial management<https://www.uptodate.com/contents/1725>Major depressive disorder in adults: Treatment with supplemental interventions<https://www.uptodate.com/contents/118280>Seasonal affective disorder: Treatment<https://www.uptodate.com/contents/101250>Minor depression in adults: Epidemiology, clinical presentation, and diagnosis<https://www.uptodate.com/contents/83264>Comorbid anxiety and depression in adults: Epidemiology, clinical manifestations, and diagnosis<https://www.uptodate.com/contents/14623>Bipolar major depression in adults: Investigational and nonstandard approaches to treatment<https://www.uptodate.com/contents/115481>Unipolar depression in adults: Investigational and nonstandard treatment<https://www.uptodate.com/contents/90155>Interpersonal Psychotherapy (IPT) for depressed adults: Indications, theoretical foundation, general concepts, and efficacy<https://www.uptodate.com/contents/15675>Interpersonal Psychotherapy (IPT) for depressed adults: Specific interventions and techniques<https://www.uptodate.com/contents/14680>Bipolar major depression in adults: Choosing treatment<https://www.uptodate.com/contents/15267>Mild to moderate postpartum unipolar major depression: Treatment<https://www.uptodate.com/contents/108703>Severe antenatal unipolar major depression: Choosing treatment<https://www.uptodate.com/contents/1703>Behavioral activation therapy for treating unipolar major depression<https://www.uptodate.com/contents/14677>Depression in adults: General principles and prognosis<https://www.uptodate.com/contents/depression-in-adults-general-principles-and-prognosis>Depression in adults: Clinical features and diagnosis<https://www.uptodate.com/contents/depression-in-adults-clinical-features-and-diagnosis>Unipolar depression in adults: Supportive psychotherapy<https://www.uptodate.com/contents/unipolar-depression-in-adults-supportive-psychotherapy>Unipolar depression in adults: Psychodynamic psychotherapy<https://www.uptodate.com/contents/unipolar-depression-in-adults-psychodynamic-psychotherapy>Using scales to monitor symptoms and treat depression (measurement based care)<https://www.uptodate.com/contents/14860>Unipolar major depression: Treatment with mindfulness-based cognitive therapy<https://www.uptodate.com/contents/14682>Unipolar depression in adults: Investigational and nonstandard treatment<https://www.uptodate.com/contents/unipolar-depression-in-adults-investigational-and-nonstandard-treatment>Unipolar major depression with psychotic features: Maintenance treatment and course of illness<https://www.uptodate.com/contents/16596>Unipolar major depression in pregnant women: Prevention and general principles of treatment<https://www.uptodate.com/contents/108004>Unipolar depression in adults: General principles of treating resistant depression<https://www.uptodate.com/contents/unipolar-depression-in-adults-general-principles-of-treating-resistant-depression>Unipolar depression in adults: Family and couples therapy<https://www.uptodate.com/contents/unipolar-depression-in-adults-family-and-couples-therapy>Suicidal ideation and behavior in adults<https://www.uptodate.com/contents/suicidal-ideation-and-behavior-in-adults>**Patient Education:**Exercise and other activities to help with depression (The Basics)<https://www.uptodate.com/contents/exercise-and-other-activities-to-help-with-depression-the-basics>Patient education: Depression in adults (The Basics)<https://www.uptodate.com/contents/depression-in-adults-the-basics>Patient education: Depression during and after pregnancy – Discharge instructions (The Basics)<https://www.uptodate.com/contents/depression-during-and-after-pregnancy-discharge-instructions-the-basics>Depression in adults – Discharge instructions (The Basics)<https://www.uptodate.com/contents/depression-in-adults-discharge-instructions-the-basics>Depression in children and teens (The Basics)<https://www.uptodate.com/contents/depression-in-children-and-teens-the-basics>Depression in children and teens – Discharge instructions (The Basics)<https://www.uptodate.com/contents/depression-in-children-and-teens-discharge-instructions-the-basics>Suicide prevention (The Basics)<https://www.uptodate.com/contents/suicide-prevention-the-basics>When you have depression and another health problem (The Basics)<https://www.uptodate.com/contents/when-you-have-depression-and-another-health-problem-the-basics> |
| **Kommentar:**  | Hvordan få tilgang til UpToDate:<https://www.helsebiblioteket.no/innhold/artikler/brukerstotte/tilgang-til-uptodate> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**BMJ Best Practice**](http://bestpractice.bmj.com/best-practice/welcome.html) |
| **Søkehistorie:** | Oppslag: Specialties > Psychiatry |
| **Treff:** | Overview of depression<https://bestpractice.bmj.com/topics/en-gb/1083>Depression in adults<https://bestpractice.bmj.com/topics/en-gb/55>Depression in children<https://bestpractice.bmj.com/topics/en-gb/785>Persistent depressive disorder<https://bestpractice.bmj.com/topics/en-gb/805>Bipolar disorder in adults<https://bestpractice.bmj.com/topics/en-gb/488>Postnatal depression<https://bestpractice.bmj.com/topics/en-gb/512>Seasonal affective disorder<https://bestpractice.bmj.com/topics/en-gb/985>Patient information: Depression (6 brosjyrer)<https://bestpractice.bmj.com/topics/en-gb/1083/patient-leaflets> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Guideline International Network (G-I-N)**](https://guidelines.ebmportal.com/) |
| **Søkehistorie:** | depression OR depressive OR depressed OR bipolar OR unipolar |
| **Treff:** | 5 mulig relevante:Working Group Development of Primary Care G. Postpartum Care in Primary Care (Part 2) 2024<https://guidelines.ebmportal.com/postpartum-care-primary-care-part-2>Ctfphc. Recommendation on instrument-based screening for depression during pregnancy and the postpartum period 2022 <https://guidelines.ebmportal.com/recommendation-instrument-based-screening-depression-during-pregnancy-and-postpartum-period>AquMed/Aezq. Unipolare Depression – Nationale VersorgungsLeitlinie (NVL) 2022 <https://guidelines.ebmportal.com/unipolare-depression-nationale-versorgungsleitlinie-nvl>Phoenix Australia - Centre for Posttraumatic Mental H. Australian Guidelines for the Prevention and Treatment of Acute Stress Disorder, Posttraumatic Stress Disorder and Complex Posttraumatic Stress Disorder 2021<https://www.phoenixaustralia.org/australian-guidelines-for-ptsd/> Aaos. AAOS Appropriate Use Criteria for the Early Screening for Psychosocial Risk and Protective Factors 2020 <https://guidelines.ebmportal.com/aaos-appropriate-use-criteria-early-screening-psychosocial-risk-and-protective-factors> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**The Cochrane Library**](https://www.cochranelibrary.com/)  (delbasene Cochrane Reviews, Clinical Answers) |
| **Søkehistorie:** | Oppslag:<https://www.cochranelibrary.com/cdsr/reviews/topics>> Mental health > Depression under Topics i venstremenyen. <https://www.cochranelibrary.com/cca>> Mental health > Depression under Topics i venstremenyen.Sortert på Publish date New to old.Søk:#1 MeSH descriptor: [Depressive Disorder] explode all trees 16956#2 MeSH descriptor: [Depression] explode all trees 18974#3 (depression or depressive or depressed or mood disorder\*):ti (Word variations have been searched) 40216#4 #1 or #2 or #3 51928#5 MeSH descriptor: [Nursing Care] explode all trees 2406#6 MeSH descriptor: [Nurse's Role] explode all trees 623#7 MeSH descriptor: [Nurse-Patient Relations] explode all trees 486#8 MeSH descriptor: [Socioenvironmental Therapy] explode all trees 4698#9 (psychosocial\* or socioenvironment\* or psychoeducation\* or nursing or nurse-patient or nurse's role or nurse-led or miljo\* or milieu or non-pharmacol\*):ti (Word variations have been searched) 22258#10 (psychosocial\* or socioenvironment\* or psychoeducation\* or nursing or nurse-patient or nurse's role or nurse-led or miljo\* or milieu or non-pharmacol\*):kw (Word variations have been searched) 34949#11 #5 or #6 or #7 or #8 or #9 or #10 50364#12 #4 AND #11 in Cochrane Reviews, Clinical Answers 43 |
| **Treff:** | **Plukket mulig relevante fra oppslag og søk:****Cochrane Reviews** (2020 – 2024):Ski CF, Taylor RS, McGuigan K, Long L, Lambert JD, Richards SH, Thompson DR. **Psychological interventions for depression and anxiety in patients with coronary heart disease, heart failure or atrial fibrillation**. Cochrane Database Syst Rev. 2024(4) <http://dx.doi.org/10.1002/14651858.CD013508.pub3>Davison TE, Bhar S, Wells Y, Owen PJ, You E, Doyle C, et al. **Psychological therapies for depression in older adults residing in long‐term care settings**. Cochrane Database Syst Rev. 2024(3) <http://dx.doi.org/10.1002/14651858.CD013059.pub2>Allida SM, Hsieh CF, Cox KL, Patel K, Rouncefield-Swales A, Lightbody CE, et al. **Pharmacological, non‐invasive brain stimulation and psychological interventions, and their combination, for treating depression after stroke**. Cochrane Database Syst Rev. 2023(7) <http://dx.doi.org/10.1002/14651858.CD003437.pub5>Leo DG, Islam U, Lotto RR, Lotto A, Lane DA. **Psychological interventions for depression in adolescent and adult congenital heart disease**. Cochrane Database Syst Rev. 2023(10) <http://dx.doi.org/10.1002/14651858.CD004372.pub3>Jassim GA, Doherty S, Whitford DL, Khashan AS. **Psychological interventions for women with non‐metastatic breast cancer**. Cochrane Database Syst Rev. 2023(1) <http://dx.doi.org/10.1002/14651858.CD008729.pub3>Orgeta V, Leung P, del-Pino-Casado R, Qazi A, Orrell M, Spector AE, Methley AM. **Psychological treatments for depression and anxiety in dementia and mild cognitive impairment**. Cochrane Database Syst Rev. 2022(4) <http://dx.doi.org/10.1002/14651858.CD009125.pub3>Kampling H, Baumeister H, Bengel J, Mittag O. **Prevention of depression in adults with long‐term physical conditions**. Cochrane Database Syst Rev. 2021(3)[**http://dx.doi.org/10.1002/14651858.CD011246.pub2**](http://dx.doi.org/10.1002/14651858.CD011246.pub2)Witt KG, Hetrick SE, Rajaram G, Hazell P, Taylor Salisbury TL, Townsend E, Hawton K. **Psychosocial interventions for self‐harm in adults**. Cochrane Database Syst Rev. 2021(4) <http://dx.doi.org/10.1002/14651858.CD013668.pub2>Jiang J, Zhang C, Li C, Chen Z, Cao X, Wang H, et al. **Magnetic seizure therapy for treatment‐resistant depression.** Cochrane Database Syst Rev. 2021(6)[**http://dx.doi.org/10.1002/14651858.CD013528.pub2**](http://dx.doi.org/10.1002/14651858.CD013528.pub2)Uphoff E, Pires M, Barbui C, Barua D, Churchill R, Cristofalo D, et al. **Behavioural activation therapy for depression in adults with non‐communicable diseases**.Cochrane Database Syst Rev. 2020(8) [**http://dx.doi.org/10.1002/14651858.CD013461.pub2**](http://dx.doi.org/10.1002/14651858.CD013461.pub2)Uphoff E, Ekers D, Robertson L, Dawson S, Sanger E, South E, et al. **Behavioural activation therapy for depression in adults.** Cochrane Database Syst Rev. 2020(7) [**http://dx.doi.org/10.1002/14651858.CD013305.pub2**](http://dx.doi.org/10.1002/14651858.CD013305.pub2)Nieuwenhuijsen K, Verbeek JH, Neumeyer-Gromen A, Verhoeven AC, Bültmann U, Faber B. **Interventions to improve return to work in depressed people**. Cochrane Database Syst Rev. 2020(10)[**http://dx.doi.org/10.1002/14651858.CD006237.pub4**](http://dx.doi.org/10.1002/14651858.CD006237.pub4)Noone C, McSharry J, Smalle M, Burns A, Dwan K, Devane D, Morrissey EC. **Video calls for reducing social isolation and loneliness in older people: a rapid review**. Cochrane Database Syst Rev. 2020(5) <http://dx.doi.org/10.1002/14651858.CD013632>Möhler R, Renom A, Renom H, Meyer G. **Personally tailored activities for improving psychosocial outcomes for people with dementia in community settings**. Cochrane Database Syst Rev. 2020(8) <http://dx.doi.org/10.1002/14651858.CD010515.pub2>**Clinical Answers** (2020 – 2024):Antonio‐Santos AA. **What are the benefits and harms of psychological treatments for adults with dementia and mild cognitive impairment?** Cochrane Clinical Answers. 2022 <http://dx.doi.org/10.1002/cca.4094>Davies SR. **What are the benefits and harms of psychological therapies for women who experience intimate partner violence (IPV)?** Cochrane Clinical Answers. 2021 <http://dx.doi.org/10.1002/cca.3268>Preda A. **How does pharmacy‐based management compare with usual care for adults with depression?** Cochrane Clinical Answers. 2020 <http://dx.doi.org/10.1002/cca.2953>Davies SR. **What are the effects of pharmacological and/or psychological continuation and maintenance treatments for adults with persistent depressive disorder?** Cochrane Clinical Answers. 2020 <http://dx.doi.org/10.1002/cca.2738>Davies SR. **How does behavioral activation therapy compare with cognitive‐behavioral therapy for adults with depression?** Cochrane Clinical Answers. 2020 <http://dx.doi.org/10.1002/cca.3250>Davies SR. **How does behavioral activation therapy compare with treatment as usual for adults with depression?** Cochrane Clinical Answers. 2020 <http://dx.doi.org/10.1002/cca.3252>Davies SR. **How does behavioral activation therapy compare with no treatment/wait‐list control for adults with depression?** Cochrane Clinical Answers. 2020 <http://dx.doi.org/10.1002/cca.3251>Ciapponi A. **For people with depression, does improved care with an individualized care plan and person‐centered communication reduce work disability?** Cochrane Clinical Answers. 2020 <http://dx.doi.org/10.1002/cca.3400>Ciapponi A. **For people with depression, can improved work conditions combined with a psychological or psychiatric intervention reduce work disability?** Cochrane Clinical Answers. 2020 <http://dx.doi.org/10.1002/cca.3396> |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**PubMed**](https://pubmed.ncbi.nlm.nih.gov/?otool=inouolib) |
| **Søkehistorie:** | (((("Depression"[Majr] OR "Depressive Disorder"[Majr] OR depression[ti] OR depressive[ti] OR depressed[ti]) AND ("Socioenvironmental Therapy"[Mesh:NoExp] OR "Milieu Therapy"[Mesh] OR "Mindfulness"[Majr] OR physical activit\*[ti] OR exercise[ti] OR "nursing"[Subheading] OR "Patient Care Management"[Mesh:NoExp] OR "Patient Care"[Mesh:NoExp] OR "Nurses"[Majr] OR "Nurse-Patient Relations"[Mesh] OR "Nurse's Role"[Mesh] OR "Nursing Care"[Mesh:NoExp] OR "Psychiatric Nursing"[Majr] OR "Patient-Centered Care"[Mesh] OR "Nursing Staff"[Mesh] OR "Nursing Process"[Mesh:NoExp] OR "Nursing Assessment"[Mesh:NoExp] OR "Patient Care Planning"[Mesh:NoExp] OR "Nursing, Team"[Majr] OR milieu[ti] OR environment\*[ti] OR socioenvironment\*[ti] OR psychosocial[ti] OR non-pharmacol\*[ti] OR nonpharmacol\*[ti] OR “nurse-led”[tiab] OR support\*[ti] OR ((nurs\*[ti] OR care[ti] OR effective[ti] OR individual[ti] OR mindful\*[ti] OR psychol\*[ti]) AND intervention\*[ti])))) AND (systematic[sb] OR "The Cochrane database of systematic reviews"[Journal] OR Guideline[ptyp] OR Guidelines as topic[Mesh] OR Practice Guidelines as Topic[Majr] OR guideline[title])) AND (Danish[lang] OR English[lang] OR Norwegian[lang] OR Swedish[lang]) AND "last 3 years"[PDat] |
| **Treff:** | Gjenfinner 283 artikler pr. 04.12.2024, her er noen eksempler - 22 mulig relevante – klikk på lenken under:<https://tinyurl.com/bdzj59sz>De 283 referansene legges ved i EndNote-filSe dem evt. selv i PubMed:Kopiér og lim søkestrategien over inn i søkeboksen til [**PubMed**](https://pubmed.ncbi.nlm.nih.gov/?otool=inouolib) OBSFor lettere gjennomgang av artiklene: under søkeboksen, «Display Options» - velg gjerne «Most Recent» i stedet for Best Match, velg samme sted 200 «per page» i stedet for 10. |

|  |  |
| --- | --- |
| **Database/ressurs:** | [**Cinahl (EbscoHost)**](https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/8ger6o/BIBSYS_ILS71551934150002201) |
| **Søkehistorie:** | S1 (MM "Depression+") 83,516S2 TI (depression or depressive or depressed or mood disorder\*) 83,947S3 (MM "Affective Disorders") AND (TI depress\* OR bipolar\* or unipolar\* or mood\* or mdd) Expanders - Apply equivalent subjectsSearch modes - Proximity Interface - EBSCOhost Research DatabasesSearch Screen - Advanced SearchDatabase - CINAHL 2,641S4 S1 OR S2 OR S3  106,044S5 (MH "Socioenvironmental Therapy+") OR (MH "Psychosocial Intervention") OR (MM "Physical Activity")  67,983S6 TI ( milieu or miljo\* or socioenvironment\* or psychosocial\* or nurs\* or non-pharmacol\* or nonpharmacol\* or individual\* or exercis\* or physical\* ) AND TI ( intervention\* or strateg\* or best practice\* or support\* or therap\* or treatment\* )  65,819S7 (MH "Nursing Interventions") or (MH "Nursing Outcomes") OR (MH "Nursing Role") or (MM "Nursing Assessment")  83,462S8 TI (nurse's role or nursing role or nursing care)  36,907S9 S5 OR S6 OR S7 OR S8  231,691S10 S4 AND S9  4,051S11 MH Critical Path or MH Practice Guidelines or PT (practice guidelines or standards or protocol or critical path or care plan) or TI ("position statement\*" or "policy statement\*" or "practice parameter\*" or "best practice\*") OR AB ("position statement\*" or "policy statement\*" or "practice parameter\*" or "best practice\*") or TI (standards or guideline or guidelines) or AB (practice N1 guideline\* or treatment\* N1 guideline\*) or TI (CPG or CPGs) or TI consensus\* or AB consensus\* or AU (guideline\* or standards or consensus\* or recommendat\*) or CA (guideline\* or standards or consensus\* or recommendat\*) or TI (critical N2 path or critical N2 paths or critical N2 pathway or critical N2 pathways or critical N2 protocol\* or clinical N2 path or clinical N2 paths or clinical N2 pathway or clinical N2 pathways or clinical N2 protocol\* or practice N2 path or practice N2 paths or practice N2 pathway or practice N2 pathways or practice N2 protocol\*) or AB (critical N2 path or critical N2 paths or critical N2 pathway or critical N2 pathways or critical N2 protocol\* or clinical N2 path or clinical N2 paths or clinical N2 pathway or clinical N2 pathways or clinical N2 protocol\* or practice N2 path or practice N2 paths or practice N2 pathway or practice N2 pathways or practice N2 protocol\*) or TI recommendat\* or TI (care N2 path or care N2 paths or care N2 pathway or care N2 pathways or care N2 map or care N2 maps or care N2 plan or care N2 plans or care N2 standard\*) or AB (care N2 path or care N2 paths or care N2 pathway or care N2 pathways or care N2 map or care N2 maps or care N2 plan or care N2 plans or care N2 standard\*) or TI (algorithm\* AND (screening or examination or test or tested or testing or assessment\* or diagnosis or diagnoses or diagnosed or diagnosing)) or AB (algorithm\* AND (screening or examination or test or tested or testing or assessment\* or diagnosis or diagnoses or diagnosed or diagnosing)) or (PT algorithm\* AND TI (screening or examination or test or tested or testing or assessment\* or diagnosis or diagnoses or diagnosed or diagnosing)) or ( PT algorithm\* AND AB (screening or examination or test or tested or testing or assessment\* or diagnosis or diagnoses or diagnosed or diagnosing)) or TI (algorithm\* AND (pharmacotherap\* or chemotherap\* or chemotreatment\* or therap\* or treatment\* or intervention\*)) OR AB (algorithm\* AND (pharmacotherap\* or chemotherap\* or chemotreatment\* or therap\* or treatment\* or intervention\*)) or (PT algorithm AND TI (pharmacotherap\* or chemotherap\* or chemotreatment\* or therap\* or treatment\* or intervention\*)) or (PT algorithm AND AB (pharmacotherap\* or chemotherap\* or chemotreatment\* or therap\* or treatment\* or intervention\*))  371,399S12 MH "meta analysis" OR MH "systematic review" OR MH "Technology, Medical/EV" OR PT "systematic review" OR PT "meta analysis" OR ((TI systematic\* OR AB systematic\*) N3 (TI review\* OR AB review\*)) 264,235S13 S10 AND (S11 OR S12) Limiters - Publication Date: 20200101-20241231; Exclude MEDLINE records; Language: Danish, English, Norwegian, Swedish 213Lenke til søket:<https://tinyurl.com/56sr236h> |
| **Treff:** |  213De 213 referansene legges ved i EndNote-fil |

[**ORIA Bibliotekkatalog**](https://bibsys-almaprimo.hosted.exlibrisgroup.com/primo-explore/search?vid=UIO)

Tittel: depression OR depressive OR depressed OR depresjon\* OR deprimert\*

AND

Alle felt: nurs\* OR sykepleie\* OR intervention\*

2020 - 2024

**Bøker som er tilgjengelige online/for lån:**

Dobson KS. **Clinical depression : an individualized, biopsychosocial approach to assessment and treatment**. 1st ed. Washington, D. C.: American Psychological Association; 2024.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71698144730002201>

Kim YK. **Recent Advances and Challenges in the Treatment of Major Depressive Disorder**. 1st ed. 2024. Vol. 1456. Singapore: Springer Nature Singapore : Imprint: Springer; 2024.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71715148660002201>

Hofmann A, Ostacoli L, Lehnung M, Hase M, Luber M. **Treating depression with EMDR therapy : techniques and interventions**. New York: Springer Publishing Company; 2023.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71663606950002201>

Martínez V, Miranda-Castillo C. **Prevention and early treatment of depression through the life course**. Cham, Switzerland: Springer; 2023.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71667971410002201>

Melnyk BM, Fineout-Overholt Ellen. **Evidence-based practice in nursing & healthcare : a guide to best practice**. Fifth edition.; International edition. Philadelphia: Lippincott Williams & Wilkins; 2023.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/vo8oc9/BIBSYS_ILS71669121380002201>

Tanaka M, editor. **Crosstalk between Depression, Anxiety, and Dementia: Comorbidity in Behavioral Neurology and Neuropsychiatry**. Basel: MDPI - Multidisciplinary Digital Publishing Institute; 2022.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71657408250002201>

Todd G, Branch R, editors. **Evidence-based treatment for anxiety disorders and depression : a cognitive behavioral therapy compendium**. Cambridge: Cambridge University Press; 2022.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/vo8oc9/BIBSYS_ILS71641185390002201>

Hall K. **Farvel, depresjon : hvordan hjelpe og støtte en som er deprimert**. Oslo: Cappelen Damm; 2022.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/vo8oc9/BIBSYS_ILS71647251220002201>

Quevedo J, Riva-Posse P, Bobo WV, editors. **Managing treatment-resistant depression : road to novel therapeutics**. Amsterdam, Netherlands: Elsevier; 2022.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/vo8oc9/BIBSYS_ILS71645030290002201>

Charis C, Panayiotou G, Panayiotou G, Charis C. **Depression Conceptualization and Treatment: Dialogues from Psychodynamic and Cognitive Behavioral Perspectives.** 1st Edition 2021. Cham: Springer International Publishing AG; 2021. 186 p.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/14fha3m/TN_cdi_askewsholts_vlebooks_9783030689322>

Baune B. **Cognitive dimensions of Major Depressive Disorder : clinical implications, assessment, and treatment.** Oxford, United Kingdom: Oxford University Press; 2021.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71632796800002201>

Crnic K, Lin Betty. **Depression in children’s lives**. Cambridge: Cambridge University Press; 2021.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71633441960002201>

Harkness KL, Hayden EP, editors. **The Oxford Handbook of Stress and Mental Health**. First edition. New York, NY: Oxford University Press; 2020.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/vo8oc9/BIBSYS_ILS71569199600002201>

McIntyre RS. **Major depressive disorder**. St. Louis, Missouri: Elsevier; 2020.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71584028390002201>

Giosan C. **Cognitive Evolutionary Therapy for Depression: Therapy Manual**. 1st ed. 2020. Cham: Springer International Publishing AG; 2020. 71 p.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/14fha3m/TN_cdi_askewsholts_vlebooks_9783030388744>

**Suicidal crises in unipolar depression : How do non-drug interventions impact their management?** : iQWiG reports - commission no. HT17-03. Vols. HT17-03. Koln, Germany: Institute for Quality and Efficiency in Health Care (IQWiG); 2019.

<https://bibsys-almaprimo.hosted.exlibrisgroup.com/permalink/f/13vfukn/BIBSYS_ILS71702083980002201>

Skjemaet er sist oppdatert 26. juni 2024