Tiltakene i retningslinjen har bevisstyrke bak seg basert på hva den internasjonale trykksårretningslinjen har satt. Oversikt over hva A. B2, B2, C og GPS betyr:

Table 30.6: Strength of evidence rating for each recommendation (adapted from NHMRC) ²⁰

More than one high quality Level I study providing direct evidence
wore than one high quality Level 1 study providing direct evidence
Consistent body of evidence
Level 1 studies of moderate or low quality providing direct evidence
Level 2 studies of high or moderate quality providing direct evidence
 Most studies have consistent outcomes and inconsistencies can be explained
Level 2 studies of low quality providing direct evidence
Level 3 or 4 studies (regardless of quality) providing direct evidence
 Most studies have consistent outcomes and inconsistencies can be explained
 Level 5 studies (indirect evidence) e.g., studies in normal human subjects, humans with other type of chronic wounds, animal models
• A body of evidence with inconsistencies that cannot be explained, reflecting genuine uncertainty surrounding the topic
 Statements by the GGG that are not supported by a body of evidence as listed above but considered significant for clinical practice.

Tatt fra side 399: National Pressure Injury Advisory Panel (NPIAP), European Pressure Ulcer Advisory Panel (EPUAP) and Pan Pacific Pressure Injury Alliance (PPPIA). Prevention and treatment of pressure ulcers/injuries: clinical practice guideline. Perth, Australia; 2019