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| Søk skal dokumenteres på en slik måte at de kan reproduseres nøyaktig slik de ble gjennomført. Dato for søk skal alltid oppgis. Antall treff oppgis der det er relevant.  |

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| **Prosedyrens tittel** | Vurdering av svimle pasienter |
| **Spørsmål fra PICO-skjema** | **Hva slags undersøkelser bør utføres på akutt svimle pasienter?** |
| **Kontaktdetaljer prosedyremakere** | Navn: Elisabeth BøE-post: elisbo@ous-hf.noTlf: 93066490 |
| **Bibliotekar som utførte eller veiledet søket** | Navn: Julie SkattebuArbeidssted: Medisinsk bibliotek, Ullevål sykehusE-post: julie.skattebu@ub.uio.noTlf: 22119264 |

****Retningslinjer og kliniske oppslagsverk****

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| **Database/kilde** | [Fagprosedyrer som er godkjent i de enkelte helseforetak på fagprosedyrer.no](http://www.fagprosedyrer.no/)  |
| **Dato for søk** | 25.02.20 |
| **Søkehistorie eller fremgangsmåte** | svimmelhetvertigo |
| **Kommentarer** | Ingen relevante treff |

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| **Database/kilde** | [Nasjonale faglige retningslinjer, veiledere, prioriteringsveiledere og pakkeforløp fra Helsedirektoratet](https://helsedirektoratet.no/retningslinjer) |
| **Dato for søk** | 25.02.20 |
| **Søkehistorie eller fremgangsmåte** |  Sett igjennom liste |
| **Kommentarer** | Ingen relevante treff |

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| **Database/kilde** | [UpToDate](http://www.uptodate.com)  |
| **Dato for søk** | 25.02.20 |
| **Søkehistorie eller fremgangsmåte** | Slo opp på dizziness og vertigo |
| **Kommentarer** | Approach to the patient with dizzinesshttps://www.uptodate.com/contents/5099 Evaluation of the patient with vertigohttps://www.uptodate.com/contents/5094 |

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| **Database/kilde** | [BMJ Best Practice](http://bestpractice.bmj.com/)  |
| **Dato for søk** | 25.02.20 |
| **Søkehistorie eller fremgangsmåte** | Slo opp dizziness |
| **Kommentarer** | Assessment of dizziness<https://bestpractice.bmj.com/topics/en-gb/71> |

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| **Database/kilde** | Søk eventuelt også i andre kliniske oppslagsverk, f.eks [Nursing Reference Center](http://search.ebscohost.com/login.aspx?authtype=ip,uid&profile=nup) (Evidence Based Care Sheets, Skills og Patient Handouts) eller [Norsk elektronisk legehåndbok (NEL)](https://legehandboka.no/) avhengig av hva biblioteket abonnerer på.  |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | NRC: ( dizziness OR vertigo ) AND acute  (begrenset til Skills og Evidence-Based Care Sheets)NEL: svimmelhet |
| **Antall treff** | NRC: Ingen relevante treffNEL: Akutt svimmelhet<https://legehandboka.no/handboken/kliniske-kapitler/generelt/symptomer-og-tegn/akutt-svimmelhet/> |

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| **Database/kilde** | [NICE Guidance](http://guidance.nice.org.uk/index.jsp?action=find)(UK)  |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | dizziness or vertigoSiste 3 år, sett igjennom liste |
| **Kommentarer** | Ingen relevante treff |

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| **Database/kilde** | [Helsebibliotekets retningslinjer og veiledere](http://www.helsebiblioteket.no/retningslinjer)  |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | Retningslinjer > Nevrologi > Svimmelhet |
| **Kommentarer** | Ingen nyere treff |

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| **Database/kilde** | [Socialstyrelsen, Nationella riktlinjer (SE)](https://www.socialstyrelsen.se/regler-och-riktlinjer/nationella-riktlinjer/)  |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | Sett igjennom liste |
| **Kommentarer** | Ingen relevante treff |

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| **Database/kilde** | [Sundhedsstyrelsen, Nationale kliniske retningslinjer (DK)](https://www.sst.dk/da/Udgivelser?searchWord=Nationale%20kliniske%20retningslinjer) |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | Sett igjennom alt publisert i eller etter 2016 |
| **Kommentarer** | Ingen relevante treff |

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| **Database/kilde** |  [Center for kliniske retningslinjer](http://www.cfkr.dk/) (DK) |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | Sett igjennom alt publisert i eller etter 2016 |
| **Kommentarer** | NKR: Behandling af Menières<https://cfkr.dk/retningslinjer/godkendte-retningslinjer/aktivitet/nkr-behandling-af-menieres/> |

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| **Database/kilde** | Retningslinjer fra spesialistforeninger/specialist societies som prosedyremakerne kjenner til som kan være aktuelle for denne prosedyren |
| **Dato for søk** |  |
| **Søkehistorie eller fremgangsmåte** |  |
| **Antall treff** |  |
| **Kommentarer** |  |

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| **Database/kilde** | Evt. retningslinjesøk i [MEDLINE](http://proxy.helsebiblioteket.no/login?url=http://ovidsp.ovid.com/ovidweb.cgi?T=JS&NEWS=n&CSC=Y&PAGE=main&D=pmoz)/[PubMed](http://proxy.helsebiblioteket.no/login?url=http://www.ncbi.nlm.nih.gov/pubmed?otool=bibsys&holding=inohelib_fft_ndi&myncbishare=helsebiblioteket) Stryk det som ikke passer, legg til en egen boks for hver base hvis du søker i flere. |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | Ovid MEDLINE(R) ALL <1946 to February 28, 2020># Searches Results1 (vertigo or dizz?ness).tw. 288302 (history or ((head impulse or vertebral artery or head shaking or head thrust) adj2 test) or dynamic visual acuity or nystagmus or oculomotor examination or dix hallpike or ((supine or head or log) adj2 roll) or balance examination or (mCTSIB or modified clinical test of sensory interaction of balance) or dynamic gait index or cervical spine range of motion).tw. 6510823 1 and 2 52044 (practice guideline or guideline).pt. 333875 3 and 4 86 limit 5 to yr="2016 -Current" 4 |
| **Kommentarer** | 1. Bhattacharyya N, Gubbels SP, Schwartz SR, Edlow JA, El-Kashlan H, Fife T, et al. Clinical Practice Guideline: Benign Paroxysmal Positional Vertigo (Update). Otolaryngol Head Neck Surg. 2017;156(3\_suppl):S1-S47.2. Chandrasekhar SS, Tsai Do BS, Schwartz SR, Bontempo LJ, Faucett EA, Finestone SA, et al. Clinical Practice Guideline: Sudden Hearing Loss (Update). Otolaryngol Head Neck Surg. 2019;161(1\_suppl):S1-S45.3. Chandrasekhar SS, Tsai Do BS, Schwartz SR, Bontempo LJ, Faucett EA, Finestone SA, et al. Clinical Practice Guideline: Sudden Hearing Loss (Update) Executive Summary. Otolaryngol Head Neck Surg. 2019;161(2):195-210.4. Imai T, Takeda N, Ikezono T, Shigeno K, Asai M, Watanabe Y, et al. Classification, diagnostic criteria and management of benign paroxysmal positional vertigo. Auris Nasus Larynx. 2017;44(1):1-6. |

****Systematiske oversikter****

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| **Database/kilde** | [The Cochrane Library](http://onlinelibrary.wiley.com/cochranelibrary/search/)  |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie**  | ID Search Hits#1 MeSH descriptor: [Dizziness] explode all trees 713#2 MeSH descriptor: [Vertigo] explode all trees 474#3 #1 or #2 1111Publisert mellom 1.1.2016-02.03.2020 |
| **Antall treff** | Cochrane Reviews (12) Clinical Answers (0) |
| **Kommentarer** | 1. Derry S, Bell RF, Straube S, Wiffen PJ, Aldington D, Moore RA. Pregabalin for neuropathic pain in adults. Cochrane Database of Systematic Reviews. 2019(1).2. Gaskell H, Derry S, Stannard C, Moore RA. Oxycodone for neuropathic pain in adults. Cochrane Database of Systematic Reviews. 2016(7).3. Murdin L, Hussain K, Schilder AGM. Betahistine for symptoms of vertigo. Cochrane Database of Systematic Reviews. 2016(6).4. Pollok J, van Agteren JEM, Carson‐Chahhoud KV. Pharmacological interventions for the treatment of depression in chronic obstructive pulmonary disease. Cochrane Database of Systematic Reviews. 2018(12). |

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| **Database/kilde** | [Epistemonikos](http://www.epistemonikos.org/en/advanced_search)  |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | (title:(vertigo OR dizziness OR dizzyness) OR abstract:(vertigo OR dizziness OR dizzyness))Siste 5 år |
| **Antall treff** | Broad Synthesis (5) Structured summary (0) Systematic review (328) |
| **Kommentarer** | Broad Synthesis:1. Els C, Jackson TD, Kunyk D, Lappi VG, Sonnenberg B, Hagtvedt R, et al. Adverse events associated with medium- and long-term use of opioids for chronic non-cancer pain: an overview of Cochrane Reviews. Cochrane Database of Systematic Reviews. 2017;10:CD012509.2. Pickering G, Martin E, Tiberghien F, Delorme C, Mick G. Localized neuropathic pain: an expert consensus on local treatments. Drug design, development and therapy. 2017;11:2709-18.3. Pink AE, Williams C, Alderman N, Stoffels M. The use of repetitive transcranial magnetic stimulation (rTMS) following traumatic brain injury (TBI): A scoping review. Neuropsychological rehabilitation. 2019:1-27.4. Rosenbaum A, Winter M. Are diuretics effective for Ménière`s disease? Medwave. 2018;18(2):e7188.5. Wright T. Menière's disease. BMJ clinical evidence. 2015;2015.*Lim inn søkestrategien i Epistemonikos og avgrens på Systematic reviews for å se alle 328.* |

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| **Database/kilde** | [Folkehelseinstituttet - rapporter og trykksaker](https://www.fhi.no/oversikter/alle/) |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | Sett igjennom siste tre år |
| **Kommentarer** | Ingen relevante treff |

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| **Database/kilde** | [PEDro](http://search.pedro.org.au/pedro/findrecords.php?-type=new_search) – The Physiotherapy Evidence Database |
| **Dato for søk** | 02.03.20 |
| **Søkehistorie eller fremgangsmåte** | vertigodizziness |
| **Kommentarer** | Begrenset til treff publisert etter 2015 og guidelines/systematic reviews |
| **Antall treff** | *24 treff*1. Adelizzi P, Casler J, de Felice M, Drusedum M, Bayruns TJ. Effectiveness of thrust manipulation of the cervical spine for, temporomandibular disorder: a systematic literature review. Orthopaedic Physical Therapy Practice 2016;28(2):110-117. 2016.2. Arnold SA, Stewart AM, Moor HM, Karl RC, Reneker JC. The effectiveness of vestibular rehabilitation interventions in treating unilateral peripheral vestibular disorders: a systematic review [with consumer summary]. Physiotherapy Research International 2017 Jul;22(3):e1635. 2017.3. Arora M, Harvey LA, Glinsky JV, Nier L, Lavrencic L, Kifley A, et al. Electrical stimulation for treating pressure ulcers (Cochrane review) [with consumer summary]. Cochrane Database of Systematic Reviews 2020;Issue 1. 2020.4. Bhattacharyya N, Gubbels SP, Schwartz SR, Edlow JA, el-Kashlan H, Fife T, et al. Clinical practice guideline: benign paroxysmal positional vertigo (update). Otolaryngology -- Head and Neck Surgery 2017 Mar;156(3 Suppl):S1-S47. 2017.5. Boelig RC, Barton SJ, Saccone G, Kelly AJ, Edwards SJ, Berghella V. Interventions for treating hyperemesis gravidarum (Cochrane review) [with consumer summary]. Cochrane Database of Systematic Reviews 2016;5. 2016.6. Buys R, Avila A, Cornelissen VA. Exercise training improves physical fitness in patients with pulmonary arterial hypertension: a systematic review and meta-analysis of controlled trials. BMC Pulmonary Medicine 2015 Apr 22;15(40):Epub. 2015.7. Demont AHAdS. Recommandations de bonne pratique concernant les manoeuvres diagnostiques et therapeutiques pour le traitement des vertiges positionnels paroxystiques benins (Clinical guidelines related to the diagnostic and therapeutic maneuvers for the management of benign positional paroxysm vertigo) [French; with consumer summary]. Kinesitherapie La Revue 2018 May;18(197):37-43. 2018.8. Gibbons C, Pagnini F, Friede T, Young CA. Treatment of fatigue in amyotrophic lateral sclerosis/motor neuron disease (Cochrane review) [with consumer summary]. Cochrane Database of Systematic Reviews 2018;Issue 1. 2018.9. Hall CD, Herdman SJ, Whitney SL, Cass SP, Clendaniel RA, Fife TD, et al. Vestibular rehabilitation for peripheral vestibular hypofunction: an evidence-based clinical practice guideline: from the American Physical Therapy Association Neurology Section. Journal of Neurologic Physical Therapy 2016 Apr;40(2):124-155. 2016.10. Hillier S, McDonnell M. Is vestibular rehabilitation effective in improving dizziness and function after unilateral peripheral vestibular hypofunction? An abridged version of a Cochrane review. European Journal of Physical and Rehabilitation Medicine 2016 Aug;52(4):541-556. 2016.11. Hou Z, Xu S, Li Q, Cai L, Wu W, Yu H, et al. The efficacy of acupuncture for the treatment of cervical vertigo: a systematic review and meta-analysis. Evidence-Based Complementary and Alternative Medicine 2017;(7597363):Epub. 2017.12. Kendall JC, Hartvigsen J, Azari MF, French SD. Effects of nonpharmacological interventions for dizziness in older people: systematic review. Physical Therapy 2016 May;96(5):641-649. 2016.13. Kundakci B, Sultana A, Taylor AJ, Alshehri MA. The effectiveness of exercise-based vestibular rehabilitation in adult patients with chronic dizziness: a systematic review. F1000Research 2018 Mar 5;7(276):Epub. 2018.14. Luis-Vazquez S, Rodriguez-Fuentes G. Vertigo posicional paroxistico benigno y su tratamiento con maniobras de reposicionamiento: revision sistematica (Benign paroxysmal positional vertigo and its treatment with repositioning manoeuvres: a systematic review) [Spanish]. Rehabilitacion [Rehabilitation] 2017 Apr-Jun;51(2):95-108. 2017.15. Luth C, Bartell D, Bish M, Yudd A, Palaima M, Cleland JA. The effectiveness of vestibular rehabilitation therapy versus conservative treatment on dizziness: a systematic review and meta-analysis. Physical Therapy Reviews 2019;24(5):229-238. 2019.16. McDonnell MN, Hillier SL. Vestibular rehabilitation for unilateral peripheral vestibular dysfunction (Cochrane review) [with consumer summary]. Cochrane Database of Systematic Reviews 2015;Issue 1. 2015.17. McIlwaine M, Button B, Nevitt SJ. Positive expiratory pressure physiotherapy for airway clearance in people with cystic fibrosis (Cochrane review) [with consumer summary]. Cochrane Database of Systematic Reviews 2019;Issue 11. 2019.18. Murray DA, Meldrum D, Lennon O. Can vestibular rehabilitation exercises help patients with concussion? A systematic review of efficacy, prescription and progression patterns [with consumer summary]. British Journal of Sports Medicine 2017 Mar;51(5):442-451. 2017.19. Rodrigues DL, Ledesma ALL, de Oliveira CAP, Bahamad Junior F. Physical therapy for posterior and horizontal canal benign paroxysmal positional vertigo: long-term effect and recurrence: a systematic review. International Archives of Otorhinolaryngology 2018 Oct;22(4):455-459. 2018.20. Tassinari M, Mandrioli D, Gaggioli N, Roberti di Sarsina P. Meniere's disease treatment: a patient-centered systematic review. Audiology & Neuro-Otology 2015 May;20(3):153-165. 2015.21. van Esch BF, van der Scheer-Horst ES, van der Zaag-Loonen HJ, Bruintjes TD, van Benthem PPG. The effect of vestibular rehabilitation in patients with Meniere's disease: a systematic review. Otolaryngology -- Head and Neck Surgery 2017 Mar;156(3):426-434. 2017.22. Xu M, Li D, Zhang S. Acupuncture for acute stroke (Cochrane review) [with consumer summary]. Cochrane Database of Systematic Reviews 2018;Issue 3. 2018.23. Yaseen K, Hendrick P, Ismail A, Felemban M, Alshehri MA. The effectiveness of manual therapy in treating cervicogenic dizziness: a systematic review. Journal of Physical Therapy Science 2018 Jan;30(1):96-102. 2018.24. Zhang X, Qian X, Lu L, Chen J, Liu J, Lin C, et al. Effects of Semont maneuver on benign paroxysmal positional vertigo: a meta-analysis. Acta Oto-Laryngologica 2017 Jan;137(1):63-70. 2017. |

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| **Database/kilde** | [Clinical Queries Reviews](http://www.ncbi.nlm.nih.gov/pubmed/clinical)  i MEDLINE (Systematic Reviews i PubMed eller "reviews (best balance of sensitivity and specificity)" i Ovid) |
| **Dato for søk** | 03.03.2020 |
| **Søkehistorie**  |

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| **Ovid MEDLINE(R) ALL <1946 to March 02, 2020>**

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| **#** | **Searches** | **Results** |
| 1 | \*Vertigo/ | 6114 |
| 2 | \*Dizziness/ | 2445 |
| 3 | (vertigo or dizz\*).ti. | 6935 |
| 4 | 1 or 2 or 3 | 9579 |
| 5 | acute.tw. | 1149995 |
| 6 | 4 and 5 | 635 |
| 7 | limit 6 to "reviews (best balance of sensitivity and specificity)" | 131 |
| 8 | limit 7 to yr="2016 -Current" | 35 |
| 9 | limit 8 to (danish or english or norwegian or swedish) | 26 |

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 |
| **Antall treff** | 1. Alyono JC. Vertigo and Dizziness: Understanding and Managing Fall Risk. Otolaryngol Clin North Am. 2018;51(4):725-40.2. Brandt T, Dieterich M. The dizzy patient: don't forget disorders of the central vestibular system. Nat Rev Neurol. 2017;13(6):352-62.3. Choi JY, Lee SH, Kim JS. Central vertigo. Curr Opin Neurol. 2018;31(1):81-9.4. Choi KD, Kim JS. Vascular vertigo: updates. J Neurol. 2019;266(8):1835-43.5. Choi KD, Lee H, Kim JS. Ischemic syndromes causing dizziness and vertigo. Handb. 2016;137:317-40.6. Dyhrfjeld-Johnsen J, Attali P. Management of peripheral vertigo with antihistamines: New options on the horizon. Br J Clin Pharmacol. 2019;85(10):2255-63.7. Edlow JA. A New Approach to the Diagnosis of Acute Dizziness in Adult Patients. Emerg Med Clin North Am. 2016;34(4):717-42.8. Edlow JA. Managing Patients With Acute Episodic Dizziness. Ann Emerg Med. 2018;72(5):602-10.9. Edlow JA. Diagnosing Patients With Acute-Onset Persistent Dizziness. Ann Emerg Med. 2018;71(5):625-31.10. Edlow JA, Newman-Toker D. Using the Physical Examination to Diagnose Patients with Acute Dizziness and Vertigo. J Emerg Med. 2016;50(4):617-28.11. Eldoen G, Ljostad U, Goplen FK, Aamodt AH, Mygland A. Persistent postural-perceptual dizziness. Tidsskr Nor Laegeforen. 2019;139(9):28.12. Gurley KL, Edlow JA. Acute Dizziness. Semin Neurol. 2019;39(1):27-40.13. Hall CD, Herdman SJ, Whitney SL, Cass SP, Clendaniel RA, Fife TD, et al. Vestibular Rehabilitation for Peripheral Vestibular Hypofunction: An Evidence-Based Clinical Practice Guideline: FROM THE AMERICAN PHYSICAL THERAPY ASSOCIATION NEUROLOGY SECTION. J Neurol Phys Ther. 2016;40(2):124-55.14. Kim HA, Yi HA, Lee H. Recent Advances in Cerebellar Ischemic Stroke Syndromes Causing Vertigo and Hearing Loss. Cerebellum. 2016;15(6):781-8.15. Ljostad U, Eldoen G, Goplen FK, Aamodt AH, Mygland A. Assessment in cases of acute dizziness. Tidsskr Nor Laegeforen. 2019;139(9):28.16. Newman-Toker DE, Della Santina CC, Blitz AM. Vertigo and hearing loss. Handb. 2016;136:905-21.17. Saber Tehrani AS, Kattah JC, Kerber KA, Gold DR, Zee DS, Urrutia VC, et al. Diagnosing Stroke in Acute Dizziness and Vertigo: Pitfalls and Pearls. Stroke. 2018;49(3):788-95.18. Shen Y, Zhou Q, Zhu X, Qiu Z, Jia Y, Liu Z, et al. Vertigo caused by longus colli tendonitis: A case report and literature review. Medicine (Baltimore). 2018;97(45):e13130.19. Spiegel R, Kirsch M, Rosin C, Rust H, Baumann T, Sutter R, et al. Dizziness in the emergency department: an update on diagnosis. Swiss Med Wkly. 2017;147:w14565.20. Spiegel R, Rust H, Baumann T, Friedrich H, Sutter R, Goldlin M, et al. Treatment of dizziness: an interdisciplinary update. Swiss Med Wkly. 2017;147:w14566.21. Staab JP. Psychiatric Considerations in the Management of Dizzy Patients. Adv Otorhinolaryngol. 2019;82:170-9.22. Szczupak M, Hoffer ME, Murphy S, Balaban CD. Posttraumatic dizziness and vertigo. Handb. 2016;137:295-300.23. Volgger V, Gurkov R. Acute vestibular syndrome in cerebellar stroke : A case report and review of the literature. Hno. 2017;65(Suppl 2):149-52.24. Walther LE. Current diagnostic procedures for diagnosing vertigo and dizziness. GMS, Curr. 2017;16:Doc02.25. Welgampola MS, Young AS, Pogson JM, Bradshaw AP, Halmagyi GM. Dizziness demystified. Pract. 2019;19(6):492-501.26. Whitman GT. Dizziness. Am J Med. 2018;131(12):1431-7. |

Kvalitetsvurderte enkeltstudier

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| **Database/kilde** | [McMaster PLUS](http://plus.mcmaster.ca/helsebiblioteket/Search.aspx) – (ACP Journal Club (selected via PLUS) og PLUS Studies) |
| **Dato for søk** | 03.03.2020 |
| **Søkehistorie eller fremgangsmåte** | vertigo or dizziness |
| **Antall treff** | **ACP Journal Club - Systematiske oversikter (7 treff)**In acute pain in prehospital settings, opioid and nonopioid analgesics do not differ for pain at 15 or 60 min Review: Pregabalin reduces fibromyalgia pain but increases adverse events Review: Cannabinoids may improve symptoms for some indications but increase adverse events Review: In benign paroxysmal positional vertigo, the Epley maneuver increases symptom resolution Review: Cholinesterase inhibitors do not reduce progression to dementia from mild cognitive impairment Review: Nonergot dopamine agonists reduce symptoms in the restless legs syndrome but may be discontinued due to adverse events Review: β-blockers reduce mortality and therapy withdrawal in heart failure but increase dizziness and bradycardia**ACP Journal Club - Kvalitetsvurderte studier (5 treff)**In treatment-resistant depression, adding esketamine nasal spray to an oral antidepressant improved symptoms at 28 days In persistent hypertension, low-dose triple-pill therapy increased the likelihood of achieving target BP at 6 mo In patients in the emergency department with acute pain, 10, 15, and 30 mg of ketorolac did not differ for pain relief In moderate-to-severe sciatica, pregabalin did not reduce leg pain intensity or improve quality of life Adding candesartan-HCTZ to rosuvastatin increased adverse events but not benefits in patients at intermediate CV risk |
| **Kommentarer** | Lim inn søkehistorikken i McMaster PLUS for å lese artiklene |

Er det nå funnet svar på spørsmålet og informasjonen er av forholdsvis ny dato (ikke mer enn tre år gammel), kan man avslutte søket. Dersom man ikke finner oppsummert kunnskap som tilfredsstiller disse kravene, må det søkes i kilder for primærstudier.