

Prosedyrens tittel eller arbeidstittel	Stomi (urostomi, ileostomi og colostomi) - forberedelser og oppfølging
Spørsmål fra PICO-skjema	Hvordan gjennomføre pre- og postoperativ sykepleie til stomipasienten?
Kontakt detaljer prosedyremakere	Hildegunn Frøysa b20520@ous-hf.no Stine-Lise Skogbakken stlisk@ous-hf.no Susan Bakke susbak@ous-hf.no Torunn Vigdal toruhe@ous-hf.no
Bibliotekar som utførte eller veiledet søket	Marie Isachsen UiO Medisinsk bibliotek Ullevål sykehus marie.isachsen@ub.uio.no
Dato for søk:	16. april 2018

Database/kilde	Fagprosedyrer som er lokalt utviklet og godkjent i de enkelte helseforetak (på nettsiden til Helsebiblioteket)
Søkehistorie	Sett gjennom liste
Treff	Pågående, for denne prosedyren: Stomi (urostomi og colostomi) - forberedelser og oppfølging http://www.helsebiblioteket.no/fagprosedyrer/pabegynte/stomi-urostomi-og-colostomi-forberedelser-og-oppfolging

Database/kilde	Nasjonale faglige retningslinjer, veiledere, prioriteringsveiledere og pakkeforløp fra Helsedirektoratet
Søkehistorie	Sett gjennom liste
Treff	Nasjonalt handlingsprogram med retningslinjer for diagnostikk, behandling og oppfølging av analkreft (analcancer) - 2017 https://helsedirektoratet.no/retningslinjer/nasjonalt-handlingsprogram-med-retningslinjer-for-diagnostikk-behandling-og-oppfolging-av-analkreft-analcancer Nasjonalt handlingsprogram med retningslinjer for diagnostikk behandling og oppfølging av kreft i tykktarm og endetarm - 2017 https://helsedirektoratet.no/retningslinjer/nasjonalt-handlingsprogram-med-retningslinjer-for-diagnostikk-behandling-og-oppfolging-av-kreft-i-tykktarm-og-

	<p>endetarm</p> <p>Nasjonalt handlingsprogram med retningslinjer for diagnostikk, behandling og oppfølging av adenocarcinom i tynntarm - 2017 http://www.helsebiblioteket.no/retningslinjer/tynntarm/forord</p> <p>Blærekreft - Nasjonalt handlingsprogram med retningslinjer for diagnostikk behandling og oppfølging av blærekreft - 2016 https://helsedirektoratet.no/retningslinjer/nasjonalt-handlingsprogram-med-retningslinjer-for-diagnostikk-behandling-og-oppfolging-av-blerekreft</p> <p>Nasjonalt handlingsprogram med retningslinjer for diagnostikk, behandling og oppfølging av pasienter med nyrecellekreft - 2015 https://helsedirektoratet.no/retningslinjer/nasjonalt-handlingsprogram-med-retningslinjer-for-diagnostikk-behandling-og-oppfolging-av-pasienter-med-nyrecellekreft</p> <p>Pakkeforløp:</p> <p>Pakkeforløp for tykk- og endetarmskreft</p> <p>Pakkeforløp for blærekreft</p>
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Database/kilde	Helsebibliotekets retningslinjebase
Søkehistorie	Sett gjennom emnegruppene Kreft, Mage og tarm, og Nyre og urinveier
Treff	<p>Birgit Sunde Leve med stomi I: Oncolex http://oncolex.no/PROSEDYRER-ONCOLEX/Oppfolging/Stomi?procedureSearchText=stomi</p> <p>Birgit Sunde Stomi I: Oncolex http://oncolex.no/PROSEDYRER-ONCOLEX/BEHANDLING/Kirurgi/Tykk-og-endetarm-Anleggelse-av-stomi?procedureSearchText=stomi</p> <p>Gastroenterologisk kirurgi - Prioriteringsveileder https://helsedirektoratet.no/retningslinjer/gastroenterologisk-kirurgi</p> <p>Sundhedsstyrelsen Referenceprogram for kroniske inflammatoriske tarmsyggdomme - 2007 http://sundhedsstyrelsen.dk/publ/Publ2007/PLAN/SfR/Refprg_IBD.pdf</p>

Database/kilde	Folkehelseinstituttet - rapporter og trykksaker
Søkehistorie	Søkt separat på: stomi, urostomi, ileostomi, kolostomi m.fl. (norsk og engelsk)
Treff	0

Database/kilde	NICE Guidance (UK)
Søkehistorie og treff	<p>Sett gjennom:</p> <p>Contitions and diseases: https://www.nice.org.uk/guidance/conditions-and-diseases</p> <ul style="list-style-type: none"> • Cancer (se Bladder cancer og Colorectal cancer) • Digestive tract conditions • Urological conditions <p>Colorectal cancer: diagnosis and management Clinical guideline [CG131] Published date: November 2011 Last updated: December 2014 https://www.nice.org.uk/guidance/cg131</p> <p>Bladder cancer: diagnosis and management NICE guideline [NG2] Published date: February 2015 https://www.nice.org.uk/guidance/ng2</p> <p>Ulcerative colitis: management Clinical guideline [CG166] Published date: June 2013 https://www.nice.org.uk/guidance/cg166</p> <p>Faecal incontinence in adults: management Clinical guideline [CG49] Published date: June 2007 https://www.nice.org.uk/guidance/cg49</p> <p>Percutaneous endoscopic colostomy Interventional procedures guidance [IPG161] Published date: March 2006 https://www.nice.org.uk/guidance/ipg161</p>

Database/kilde	National Guideline Clearinghouse (NGC)
Søkehistorie og treff	Browse by Clinical Specialty > By MeSH Tag:

	Er det noen relevante her: Surgical Procedures, Operative > Ostomy
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Database/kilde	Socialstyrelsen, Nationella riktlinjer (SE)
Søkehistorie	Sett gjennom alle
Treff	Stomi er nevnt her: Nationella riktlinjer för bröst-, prostata-, tjocktarms- och ändtarmscancervård – Stöd för styrning och ledning - 2014 http://www.socialstyrelsen.se/Lists/Artikelkatalog/Attachments/19383/2014-4-2.pdf

Database/kilde	Sundhedsstyrelsen, Nationale kliniske retningslinjer (DK)
Søkehistorie	Sett gjennom Udgivelser
Treff	0

Database/kilde	Dansk Center for kliniske retningslinjer (DK)
Søkehistorie eller fremgangsmåte	Sett gjennom Godkente
Treff	Klinisk retningslinje for brug af graduerede elastiske kompressionsstrømper til forebyggelse af posttrombotisk syndrom, PTS, hos patienter med nydiagnosticeret symptomgivende dyb venetrombose - 2016 http://www.cfkr.dk/retningslinjer/godkendte-retningslinjer/respiration-og-cirkulation/klinisk-retningslinje-for-brug-af-graduerede-elastiske-kompressionsstroemper.aspx

Database/ressurs:	Nursing Reference Center
Søkehistorie:	Advanced > Title: (ostom* OR enterostom* OR stoma OR stomas OR stomal OR peristomal OR parastomal OR (urinary AND diversion) OR urostom* OR ureterostom* OR colostom* OR ileostom*) Avgrenset til Quick Lessons, Evidence Based Care Sheets, Skills og Patient Handouts <i>For å få fulltekstlenkene til å virke: det kan være nødvendig å kopiere og lime inn lenkene inn i nettleserens adressefelt (URL-feltet), istedet for bare å klikke på dem.</i>

<p>Treff:</p>	<p><u>Quick Lessons</u> (0)</p> <p><u>Evidence Based Care Sheets</u> (0)</p> <p><u>Skills</u> (25, hvorav 12 blir lenket til i de 9 “moderdokumentene” nedenfor):</p> <p>Ostomy Care: an Overview By: Schub T, Pilgrim J, Pravikoff D, CINAHL Nursing Guide, November 25, 2016 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T703910&site=nup-live&scope=site</p> <p>Patient Education: Teaching the Patient with a Stoma By: Caple C, Pravikoff D, CINAHL Nursing Guide, May 5, 2017 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T706610&site=nup-live&scope=site</p> <p>Stoma Care: Preventing Skin Complications By: Smith N, DeVesty G, Pravikoff D, CINAHL Nursing Guide, September 16, 2016 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T706054&site=nup-live&scope=site</p> <p>Urinary Diversion: Caring for the Patient with an Ileal Conduit By: Caple C, Walsh K, Pravikoff D, CINAHL Nursing Guide, December 9, 2016 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T704028&site=nup-live&scope=site</p> <p>Urinary Diversion: Caring for the Patient with a Continent Cutaneous Reservoir By: Caple C, DeVesty G, Pravikoff D, CINAHL Nursing Guide, November 25, 2016 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T703854&site=nup-live&scope=site</p> <p>Enterostomy: Caring for the Patient with an Enterostomy Complication By: Caple C, Pravikoff D, CINAHL Nursing Guide, August 18, 2017 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T703909&site=nup-live&scope=site</p> <p>Colostomy: Irrigation -- Performing By: Smith N, Schub E, Pravikoff D, CINAHL Nursing Guide, October 27, 2017 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T703901&site=nup-live&scope=site</p> <p>Fecal Ostomy Appliances: Types -- an Overview By: Caple C, DeVesty G, Pravikoff D, CINAHL Nursing Guide, January 26, 2018 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T703907&site=nup-live&scope=site</p>
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Parent/Family Education: Teaching Parents/Family Members about Ostomy Care in Children By: Engelke Z, Pravikoff D, CINAHL Nursing Guide, May 12, 2017
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T706314&site=nup-live&scope=site>

Patient handouts (10)

Enterostomy By: Kohnle D, Mahnke D, Health Library: Evidence-Based Information, March 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009866947&site=nup-live&scope=site>

Colostomy / Ileostomy By: Mahnke D, Health Library: Evidence-Based Information, March 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2012946279&site=nup-live&scope=site>

Colostomy / Ileostomy-Child By: Mahnke D, Health Library: Evidence-Based Information, March 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2012946278&site=nup-live&scope=site>

Urostomy By: Neff DM, Carmack A, Health Library: Evidence-Based Information, June 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2010617687&site=nup-live&scope=site>

How to Care for Your Colostomy or Ileostomy By: Smith N, Mahnke D, Health Library: Evidence-Based Information, January 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009805460&site=nup-live&scope=site>

How to Care for Your Urostomy By: Neff DM, Carmack A, Health Library: Evidence-Based Information, April 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2010589753&site=nup-live&scope=site>

Discharge Instructions for Colostomy or Ileostomy Reversal By: Kerr SJ, Mahnke D, Health Library: Evidence-Based Information, February 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2011543918&site=nup-live&scope=site>

Discharge Instructions for Urostomy By: Neff DM, Carmack A, Health Library: Evidence-Based Information, June 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2010589752&site=nup-live&scope=site>

Discharge Instructions for Enterostomy By: Kellicker PG, Mahnke D, Health Library: Evidence-Based Information, February 1, 2016
<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2009869643>

	<p>&site=nup-live&scope=site</p> <p>Discharge Instructions for Small Bowel Resection with Ileostomy By: Jones P, Mahnke D, Health Library: Evidence-Based Information, March 1, 2016 http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=2012185155&site=nup-live&scope=site</p>
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Database/kilde	UpToDate
Søkehistorie	<p>stoma stomas ileostomy colostomy urostomy urinary diversion ostomy enterostomy ureterostomy</p>
Treff	<p>Routine care of patients with an ileostomy or colostomy and management of ostomy complications http://www.uptodate.com/contents/1384</p> <p>Overview of surgical ostomy for fecal diversion http://www.uptodate.com/contents/15026</p> <p>Patient education: Colostomy care (The Basics) http://www.uptodate.com/contents/16719</p> <p>Patient education: Ileostomy care (The Basics) http://www.uptodate.com/contents/86737</p> <p>Approach to the long-term survivor of colorectal cancer http://www.uptodate.com/contents/14230</p> <p>Parastomal hernia http://www.uptodate.com/contents/3691</p> <p>Urinary diversion and reconstruction following cystectomy http://www.uptodate.com/contents/2958</p> <p>Renal complications following ureteral diversion http://www.uptodate.com/contents/95286</p> <p>Surgical management of ulcerative colitis http://www.uptodate.com/contents/1375</p>

Database/kilde	The Cochrane Library (delbasen: Cochrane Database of Systematic Reviews)
Søkehistorie	(ostom* OR enterostom* OR stoma OR stomas OR stomal OR peristomal OR parastomal OR (urinary AND diversion) OR ureterostom* OR colostom* OR ileostom* OR urostom*): In Record title
Treff	<p>5 Cochrane Reviews:</p> <p>TI: Lateral pararectal versus transrectal stoma placement for prevention of parastomal herniation SO: Cochrane Database of Systematic Reviews YR: 2013 http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD009487.pub2/abstract</p> <p>TI: Quality of life after rectal resection for cancer, with or without permanent colostomy. SO: Cochrane Database of Systematic Reviews YR: 2012 http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD004323.pub4/abstract</p> <p>TI: Urinary diversion and bladder reconstruction/replacement using intestinal segments for intractable incontinence or following cystectomy SO: Cochrane Database of Systematic Reviews YR: 2012 http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD003306.pub2/abstract</p> <p>TI: Covering ileo- or colostomy in anterior resection for rectal carcinoma SO: Cochrane Database of Systematic Reviews YR: 2010 http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD006878.pub2/abstract</p> <p>TI: Ileostomy or colostomy for temporary decompression of colorectal anastomosis SO: Cochrane Database of Systematic Reviews YR: 2007 http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD004647.pub2/abstract</p> <p>+ en protokoll (ikke ferdig)</p> <p>TI: Prosthetic mesh placement for the prevention of parastomal herniation SO: Cochrane Database of Systematic Reviews YR: 2013 http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD008905.pub2/abstract</p>

Database/kilde	PubMed
Søkehistorie og treff	<p>Søk 1</p> <p>Søket er avgrenset med PubMeds filter for mulige systematiske oversikter (Systematic[sb]), og til retningslinjer.</p> <p>Siste 10 år.</p> <p>Hele søkestrategien kan kopieres og limes inn i søkeboksen til PubMed: https://www.ncbi.nlm.nih.gov/pubmed?otool=inouolib</p> <p>Gir 228 artikler pr. 16. april.</p> <pre>((Surgical Stomas[Majr] OR Ostomy[Majr:NoExp] OR Enterostomy[Majr:NoExp] OR Urinary Diversion[Majr:NoExp] OR Ureterostomy[Majr] OR Colostomy[Majr] OR Ileostomy[Majr]) AND English[lang] AND "last 10 years"[PDat] AND (systematic[sb] OR Guideline[ptyp] OR Guidelines as topic[mesh])) OR (((ostom*[Title] OR enterostom*[Title] OR stoma[Title] OR stomas[Title] OR stomal[Title] OR peristomal[Title] OR parastomal[Title] OR (urinary[Title] AND diversion[Title]) OR urostom*[Title] OR ureterostom*[Title] OR colostom*[Title] OR ileostom*[Title]) AND English[lang] AND "last 1 years"[PDat] AND systematic[sb]) NOT medline[sb])</pre> <p>IKKE velg Best Match hvis dette kommer opp som et valg, behold Most Recent som rangeringsvalg.</p>  <p>Søk 2</p> <p>Fjernes filteret for mulige systematiske oversikter (Systematic[sb]), og til retningslinjer, gjenfinnes et stort antall artikler: 3495 pr. 16 april.</p> <p>Disse 3495 artiklene ble så avgrenset med denne søkestrengen som blant annet uttrykker emner hentet fra Pico-skjema, og til siste 5 år.</p> <p>Søketreffet ble da redusert til 596 (535 når vi i PubMed Advanced Search tok vekk de 228 artiklene i søket over):</p>

	<p>(((((Surgical Stomas[Majr] OR Ostomy[Majr:NoExp] OR Enterostomy[Majr:NoExp] OR Urinary Diversion[Majr:NoExp] OR Ureterostomy[Majr] OR Colostomy[Majr] OR Ileostomy[Majr]) AND English[lang] AND "last 5 years"[PDat])) OR ((ostom*[Title] OR enterostom*[Title] OR stoma[Title] OR stomas[Title] OR stomal[Title] OR peristomal[Title] OR parastomal[Title] OR (urinary[Title] AND diversion[Title]) OR urostom*[Title] OR ureterostom*[Title] OR colostom*[Title] OR ileostom*[Title]) AND English[lang] AND "last 1 years"[PDat] NOT medline[sb]))) AND ((jsubsetn OR "Perioperative Period"[Majr] OR "Perioperative Care"[Majr] OR "Perioperative Nursing"[Mesh] OR "Postoperative Complications/nursing"[Majr] OR "Postoperative Complications/prevention and control"[Majr] OR "Postoperative Complication"[ti] OR "Postoperative Complications"[ti] OR ((perioperative[ti] OR preoperative[ti] OR postoperative[ti]) AND care[ti]) OR "stoma care"[ti] OR Skin[Majr] OR Skin Care[Mesh] OR "Patient education as topic"[Majr] OR "Nurse-Patient Relations"[Majr] OR "Adaptation, Psychological"[Majr] OR "Patient Satisfaction"[Majr] OR nursing[ti] OR nurse's[ti] OR nurse[ti] OR nurses[ti] OR "Patient Care Management"[Majr] OR Early Ambulation[Majr] OR rehabilitation[ti] OR ambulation[ti] OR mobilisation[ti] OR mobilization[ti] OR skin[ti] OR "Ileostomy/nursing"[Majr] OR "Ileostomy/psychology"[Majr] OR "Colostomy/nursing"[Majr] OR "Colostomy/psychology"[Majr] OR "Urinary Diversion/nursing"[Majr] OR "Urinary Diversion/psychology"[Majr] OR "Ureterostomy/nursing"[Majr] OR "Ureterostomy/psychology"[Majr] OR "Ostomy/nursing"[Majr] OR "Ostomy/psychology"[Majr] OR "Enterostomy/nursing"[Majr] OR "Enterostomy/psychology"[Majr] OR "Nursing Assessment"[Majr] OR "Patient Care Planning"[Majr] OR "Length of Stay"[Majr] OR "Anxiety/prevention and control"[Majr:NoExp] OR marking[ti] OR "Self Care"[Majr] OR "Self Care"[ti] OR Nutrition Therapy[Majr] OR Nutrition Assessment[Majr] OR "Diet, Food, and Nutrition"[Majr] OR "Nutrition Disorders"[Majr] OR "Food and Beverages"[Majr] OR "Nutritional and Metabolic Diseases"[Majr] OR Diet Records[Majr] OR Dietary Proteins[Majr] OR Micronutrients[Majr] OR nutrit*[ti] OR digest*[ti] OR food*[ti] OR feeding[ti] OR diet[ti] OR diets[ti] OR dietary[ti] OR eat[ti] OR eating[ti]))</p> <p>Disse 62 artiklene valgte dere ut 16. april.</p> <p>Her er 68 artikler dere ikke nødvendigvis fikk se 16. april, resultat av ønsket utvidelse på temaet «Kostråd til stomiopererte», de siste 4 er lagt på selv om de er eldre enn «last 5 years».</p>
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Database/kilde	Svemed+
Søkehistorie	<ol style="list-style-type: none"> 1 exp:"Surgical Stomas" 2 noexp:"Ostomy" 3 noexp:"Enterostomy" 4 noexp:"Urinary Diversion" 5 exp:"Ureterostomy" 6 exp:"Colostomy" 7 exp:"Ileostomy" 8 #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7

	<p>Avgrenset til 2008 – 2018</p>
<p>Treff</p>	<p>Totalt 30 artikler, valgte ut:</p> <p>Barn med stomi Berndtsson, Pernilla Barnbladet 2017;42(6)6-10</p> <p>En ny agenda i stomipleje Olsen, Ida Östrup; Jacobsen, Karen Klinisk Sygepleje 2016;30(4)277-92 https://www.idunn.no/klinisk_sygepleje/2016/04/en_ny_agenda_i_stomipleje</p> <p>High-fiber rye diet increases ileal excretion of energy and macronutrients compared with low- fiber wheat diet independent of meal frequency in ileostomy subjects Isaksson, Hanna; Landberg, Rikard; Sundberg, Birgitta; Lundin, Eva; Hallmans, Göran; Zhang, Jie- Xian; Tidehag, Per; Knudsen, Knud Erik Bach; Moazzami, Ali A; Åman, Per Food & Nutrition Research 2013;57(18519)1-7 http://foodandnutritionresearch.net/index.php/fnr/article/view/520</p> <p>Ryggmargsskade og tarmfunksjon Sigurdson, Erik; Törhaug, Tom Tidsskrift for den Norske Lægeforening 2012;132(9)1107-10 https://tidsskriftet.no/2012/05/tema-ryggmargsskader/ryggmargsskade-og-tarmfunksjon</p> <p>Stomiskole giver nyt liv Olsen, Anne Grete Sygeplejersken 2011;111(21)78-81 https://dsr.dk/sygeplejersken/arkiv/sy-nr-2011-21/stomiskole-giver-nyt-liv</p> <p>Vanligt med antibiotikaresistens hos barn med urinavledning Lindell, Fredrik; Barker, Gillian; Lannergård, Anders Läkartidningen 2011;108(46)2376-9 http://www.lakartidningen.se/OldWebArticlePdf/1/17311/LKT1146s2376_2379.pdf</p> <p>Komplikationer efter anlaeggelse og tilbagelægning af loopileostomi El-Jussuna, Alaa; Bulow, Steffen; Lauritsen, Morten Ugeskrift for Laeger 2011;173(22)1563-7</p> <p>Living with an ostomy: Women's long term experiences Honkala S; Berterö C Vård i Norden 2009;29(2)19-22 http://journals.sagepub.com/doi/10.1177/010740830902900205</p>

Database/kilde	Cinahl
Søkehistorie og treff	<p>I denne basen har vi valgt å bare søke etter artikler i et tidsskrift som ikke er registrert i PubMed, se fulltekst: Gastrointestinal Nursing</p> <p>S1 JN Gastrointestinal Nursing S2 TI ostom* OR enterostom* OR stoma OR stomas OR stomal OR peristomal OR parastomal OR (urinary AND diversion) OR ureterostom* OR colostom* OR ileostom* OR urostom* S3 S1 AND S2</p> <p>Limiters - Abstract Available; Published Date: 2008 – 2018</p> <p>Totalt 134 artikler, blant annet disse 36 (søk selv hvis dere vil se alle):</p> <p>(vedr kostråd, se spesielt ref nr 19, 31 og 32)</p> <ol style="list-style-type: none"> 1. Walker K. Stoma care: sharing the results of a patient satisfaction audit. <i>Gastrointestinal Nursing</i>. 2018;16(2):43-9. 2. Swan E. Follow-up for ostomates: are we getting it right? <i>Gastrointestinal Nursing</i>. 2018;16(3):18-21. 3. McGrogan G, Haughey S, McDowell K. An absorbent, enzyme-inhibiting seal reduces peristomal skin complications. <i>Gastrointestinal Nursing</i>. 2018;16(1):42-9. 4. Díaz CC, Zambrano SMH, Muñoz BM, Crisol IS, Marfil MNP, Montoya-Juárez R, et al. Stoma care nurses' perspectives on the relative significance of factors influencing ostomates' quality of life. <i>Gastrointestinal Nursing</i>. 2018;16(3):28-33. 5. Burch J. Nursing strategies for the prevention and management of parastomal hernias. <i>Gastrointestinal Nursing</i>. 2018;16(2):38-42. 6. Haughey S, McGrogan G. Living well with a stoma: a descriptive evaluation. <i>Gastrointestinal Nursing</i>. 2017;15(7):41-8. 7. Evans SH, Burch J. An overview of stoma care accessory products for protecting peristomal skin. <i>Gastrointestinal Nursing</i>. 2017;15(7):25-34. 8. Brown F. Psychosocial health following stoma formation: a literature review. <i>Gastrointestinal Nursing</i>. 2017;15(3):43-9. 9. Young K. Travelling with a stoma: a literature review. <i>Gastrointestinal Nursing</i>. 2016;14(8):21-8. 10. Swash C. Walking back to health: returning to regular physical activity after a colostomy. <i>Gastrointestinal Nursing</i>. 2016;14(6):26-8. 11. Swash C. Bariatric surgery and implications for stoma care. <i>Gastrointestinal Nursing</i>. 2016;14(5):32-8. 12. Rudoni C, Russell S. Physical activity and the ileostomy patient: exploring the challenges of hydration. <i>Gastrointestinal Nursing</i>. 2016;14(7):20-7. 13. Preece V. Nursing management of a prolapsed stoma. <i>Gastrointestinal Nursing</i>. 2016;14(4):13-4. 14. O'Flynn SK. Protecting peristomal skin: a guide to conditions and treatments. <i>Gastrointestinal Nursing</i>. 2016;14(7):14-9. 15. Di Gesaro A. The psychological aspects of having a stoma: a literature

- review. *Gastrointestinal Nursing*. 2016;14(2):38-44.
16. Capilla-Díaz C, Black P, Bonill-de las Nieves C, Gómez-Urquiza JL, Hernández Zambrano S, Montoya-Juárez R, et al. The patient experience of having a stoma and its relation to nursing practice: implementation of qualitative evidence through clinical pathways. *Gastrointestinal Nursing*. 2016;14(3):39-46.
17. Burch J. Follow-up appointments after stoma formation: a literature review. *Gastrointestinal Nursing*. 2016;14(10):26-31.
18. Burch J. Enhanced recovery for stoma patients. *Gastrointestinal Nursing*. 2016;14(9):25-30.
19. Morris A, Leach B. Exploring individuals' experiences of having an ileostomy and Crohn's disease and following dietary advice. *Gastrointestinal Nursing*. 2015;13(7):36-41.
20. McDonald S. Managing constipation in colostomates. *Gastrointestinal Nursing*. 2015;13(9):15-6.
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