

This scale has been designed to assist in the objective measurement of skin “breakdown” associated with epilepsy and long-term EEG monitoring.

<b><u>RATING</u></b>	<b><u>DESCRIPTION</u></b>	<b><u>INTERVENTION(S)</u></b>
<b>0</b>	Normal, intact skin	N/A
<b>1</b>	Redness without loss of skin integrity	Move electrode and document
<b>2</b>	Loss of skin integrity Breakdown less than 2 mm	Move electrode, notify nurse, and treat with antibiotic ointment
<b>3</b>	Loss of skin integrity Breakdown 2 - 4 mm	Move electrode, notify nurse, and treat with antibiotic ointment
<b>4</b>	Loss of skin integrity Breakdown greater than or equal to 5mm WITHOUT drainage	Move electrode, notify nurse, and treat with antibiotic ointment
<b>5</b>	Loss of skin integrity Breakdown greater than or equal to 5 mm WITH colored drainage OR crusting (pus or blood)	Move electrode, notify nurse, treat with antibiotic ointment, and Wound care consult

#### **EXAMPLE OF SKIN CARE DOCUMENTATION:**

- Electrode name, (FL.E.S.H. Rating), and electrode movement
  - FP1(3), electrode moved 1 cm superior to its original position
  - F3(2), electrode moved 1 cm superior to its original position
  - Electrode sites rated 2 or higher were treated with antibiotic ointment and the nurse was notified and viewed all breakdown sites



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<b>0</b>	Normal, intact skin		<b>3</b>	Loss of skin integrity Breakdown 2 - 4 mm	
<b>1</b>	Redness without loss of skin integrity		<b>4</b>	Loss of skin integrity Breakdown greater than or equal to 5 mm WITHOUT drainage	
<b>2</b>	Loss of skin integrity Breakdown less than 2 mm		<b>5</b>	Loss of skin integrity Breakdown greater than or equal to 5 mm WITH colored drainage OR crusting (pus or blood)	