

This scale has been designed to assist in the objective measurement of skin “breakdown” associated with epilepsy and long-term EEG monitoring.

<u>RATING</u>	<u>DESCRIPTION</u>	<u>INTERVENTION(S)</u>
0	Normal, intact skin	N/A
1	Redness without loss of skin integrity	Move electrode and document
2	Loss of skin integrity Breakdown less than 2 mm	Move electrode, notify nurse, and treat with antibiotic ointment
3	Loss of skin integrity Breakdown 2 - 4 mm	Move electrode, notify nurse, and treat with antibiotic ointment
4	Loss of skin integrity Breakdown greater than or equal to 5mm WITHOUT drainage	Move electrode, notify nurse, and treat with antibiotic ointment
5	Loss of skin integrity Breakdown greater than or equal to 5 mm WITH colored drainage OR crusting (pus or blood)	Move electrode, notify nurse, treat with antibiotic ointment, and Wound care consult

EXAMPLE OF SKIN CARE DOCUMENTATION:

- Electrode name, (FL.E.S.H. Rating), and electrode movement
 - FP1(3), electrode moved 1 cm superior to its original position
 - F3(2), electrode moved 1 cm superior to its original position
 - Electrode sites rated 2 or higher were treated with antibiotic ointment and the nurse was notified and viewed all breakdown sites



RATING **DESCRIPTION**

0 Normal, intact skin

EXAMPLE



1 Redness without loss of skin integrity



2 Loss of skin integrity
Breakdown less than 2 mm



RATING **DESCRIPTION**

3 Loss of skin integrity
Breakdown 2 - 4 mm

EXAMPLE



4 Loss of skin integrity
Breakdown greater than or equal to 5 mm
WITHOUT drainage



5 Loss of skin integrity
Breakdown greater than or equal to 5 mm
WITH colored drainage
OR crusting (pus or blood)

